

- BREAKFAST -

- all breakfast sandwiches come with two eggs, salt & pepper -
 - feel free to make changes to any of our signature sandwiches
 or create your own -
 prices may vary

FORMULA- bacon • eggs • american • hard roll	\$6.25
PURSUIT- sausage • eggs • american • hard roll	\$6.25
REGULATOR- ham • eggs • american • hard roll	\$6.25
HATTERAS- bacon • scrambled eggs • cheddar • potato hash • mike's hot honey • jumbo english muffin	\$10.00
VIKING- shaved ribeye • runny eggs • provolone • caramelized onions • charred jalapeños • garlic aioli • hard roll	\$12.00
CABO- sausage • scrambled eggs • pepper jack • pico de gallo • avocado • potato hash • white wrap	\$11.00
CHRIS•CRAFT- bacon • scrambled eggs • goat cheese • roasted red peppers • avocado smash • everything bagel	\$9.00
AZIMUT- prosciutto • scrambled eggs • provolone • portuguese roll	\$8.75
BERTRAM- bacon • eggs • american • spinach • tomato jam • multi grain toast	\$8.50
BÉNÉTEAU- ham • eggs • swiss • spinach • onion jam • croissant	\$9.25
GRADYWHITE- egg white • feta • roasted red peppers • sautéed spinach • whole wheat wrap	\$8.50

- BREAD -

bread prices may vary

- HARD ROLL • SOURDOUGH • MULTI GRAIN • 3- GRAIN PANINI ROLL • CROISSANT • JUMBO ENGLISH MUFFIN • PORTUGUESE ROLL • WHITE WRAP • WHOLE WHEAT WRAP • SPINACH WRAP • GLUTEN FREE BREAD
- ASSORTED BAGELS

- SIDES & ADD ONS -

•homemade potato hash	\$3.75	•avocado	\$1.50
•hash brown	\$2.25	•tomato jam	\$1.25
•side of bacon (5 pcs.)	\$4	•sun-dried tomato spread	\$1.25
•assorted muffins & pastries	\$4.75	•jalapeño jam	\$1.25



- DRINKS -

HOT

- Coffee \$2.50/3.25
- Latte \$4.50/5.50
- Espresso Shot \$2.50/3.25
- Cappuccino \$3.50/4.50
- Tea \$2.25/3.00
- (Black, Green, English Breakfast, Hibiscus + Lemon Ginger)
- Hot Chocolate \$3/3.50

COLD

- Cold Brew \$4.5/5.25
- Iced Latte \$4.50/5.25
- Iced Tea \$3.25/4
- Fresh-squeezed Lemonade \$3.75/4.50
- Arnold Palmer \$3.50/4.25
- La Croix Seltzer \$2.50
- Orange Juice \$3
- Apple Juice \$3
- Chocolate/Strawberry Milk \$3.25
- East Coast Kombucha \$4.75

MILK OPTIONS

- whole • half & half • skim • almond • oat

COFFEE FLAVORS

- +50¢
- caramel • french vanilla • hazelnut • mocha • sugar free vanilla

- LUNCH -

- all lunch sandwiches come with chips or a pickle -
 - feel free to make changes to any of our signature sandwiches
 or create your own -
 prices may vary

BETTS- grilled chicken • melted mozzarella • sundried tomato spread • olive oil drizzle • arugula • sourdough \$14.50

TAVERN- chicken cutlet • fresh mozzarella • roasted red peppers • house made pesto (nut free) • balsamic glaze • 3-grain panini roll \$14.95

COCKENOE- prosciutto • goat cheese • arugula • jalapeño jam • balsamic glaze • italian bread \$16.50

LITTLE TAVERN- fresh mozzarella • tomato • basil • house made pesto (nut free) • sundried tomato spread • balsamic glaze • baguette \$12.00

SHEFFIELD- turkey • provolone • bacon • avocado smash • lettuce • tomato • red pepper hummus • multi grain \$12.25

SHERWOOD- roast beef • muenster cheese • caramelized onions • arugula • garlic aioli • sourdough \$14.50

L'HAMMOCK- grilled chicken • cheddar • avocado • shaved lettuce • cherry tomatoes • bacon • chipotle ranch • white wrap \$12.25

MANRESA- salami • pepperoni • ham • prosciutto • provolone • pepperoncini • roasted red peppers • red onion • lettuce • oil & vinegar • seeded grinder \$14.50

CALF PASTURE- shaved ribeye • american & provolone • sautéed sweet & spicy peppers • caramelized onions • garlic aioli • grinder \$16.00

CHIMONS- chicken cutlet tossed in buffalo sauce • american cheese • lettuce • bacon • choice of ranch or blue cheese • hard roll \$12.75

THE RAM- chicken cutlet • bacon • pepper jack • white cheddar • lettuce • caramelized onions • cherry peppers • avocado • secret sauce • 3-grain panini roll \$15.70

GALLEY GRILLED CHEESE- chicken cutlet • bacon • american • provolone • tomato jam • balsamic glaze • italian bread \$13.70

GRASSY- herbed goat cheese • cucumber • avocado • sprouts • bibb lettuce • multi grain \$12.00

ZIEGLERS- sautéed veggies (peppers, onions, broccoli, zucchini, brussel sprouts) teriyaki glaze • shaved carrots • baguette \$12.25

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-ADD ONS-

- grilled chicken \$5
- chicken cutlet \$5.50
 - bacon \$3
 - avocado \$1.50
- tomato jam \$1.25
- sun-dried tomato spread \$1.25
- jalapeño jam \$1.25

-SIDES-

- French fries \$4.75
- Sweet potato fries \$5.25
- Chicken tenders \$6
- Assorted chips \$2.60

-KIDS-

-all kids sandwiches come with chips or pickle-

- Grilled cheese \$6.75
- Turkey & cheese \$6.75
- Ham & cheese \$6.75
- Tenders & fries \$8.00

48 CALF PASTURE
 BEACH ROAD
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 @THEGALLEYATCOVE