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LEADERSHIP

In every sense of the word, Hospice of Southern Maine works as a team. From our diversely talented Board of Directors to department directors and those caring for people in our community, we could not provide the level of care and support we do without such tremendous teamwork.

2019 BOARD OF DIRECTORS

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Kyra Chamberlain Clinical Operations Director

Heidi Farber Development & Outreach Director

Stephanie Hutchins Human Resource Director

Mary Pinto Finance & Information Systems Director

Michelle Malo Quality & Compliance Director

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Maine Medical Center

Rachael Blake, MD
Kristina Conner, MD
Karen Dmytrasz, MD
Sarah Hallen, MD
Rebecca Hutchinson, MD
Rebecca Kalman, MD
Ann Magner, DO
Richard Marino, MD
Fernando Moreno, MD
Thomas Morrione, MD
Julia Redding, DO
Isabella Stumpf, DO

Southern Maine HealthCare

Michael N. Albaum, MD Lisa Carpenter, DO Marshall Chamberlin, MD William F. Frank, MD Rebecca Kowaloff, DO



Gosnell Memorial Hospice House, Hospice of Southern Maine's inpaitient facility.

CEO AND BOARD CHAIR



Edward J. McGeachey 2019 Board Chair



Daryl J. Cady Chief Executive Officer

As I sit down to write this recap of 2019, COVID-19 still has a tight grip on healthcare, the economy and our lives. As I reflect over Hospice of Southern Maine's activities from last year, I recognize how different this Annual Report will look compared to next year's. All of us have been impacted by COVID-19, and Hospice of Southern Maine is no different. Thankfully, we are still standing strong, continuing to provide high-quality, end-of-life care for our community. We truly are all in this together, and by helping each other, we will get through this together. We are thinking about you, and hope you are well. Please reach out to let us know how you are doing. ~ Daryl Cady

Dear Friends,

You and I share something in common. We have seen what hospice can do. Since opening our doors 15 years ago, Hospice of Southern Maine has offered more than 15,000 patients and their families exceptional end-of-life care. In 2019 alone, we cared for 1,806 patients and provided support to more than 4,000 family members and loved ones. This would not have been possible without you and our local community.

Last year, we continued to serve our community and provide care to everyone who needed us. We expanded our philosophy of care and added some wonderfully talented people to our already exceptional team. We strengthened our financial position and took our quality scores to the highest they have ever been, with 98.9% of family caregivers saying they would recommend Hospice of Southern Maine to family and friends.

Based on demographics, working with referral sources, and an increase in general hospice awareness, we know that the demand for our services is increasing. For this reason, and many others, we have been planning for the future. In June of 2019, we broke ground for our new Home Hospice Center in Scarborough. The new building will not replace our inpatient facility, Gosnell Memorial Hospice House, rather it will serve to support future growth in our home program.

The new Hospice Center will be the central hub for Hospice of Southern Maine's home hospice team, caring daily for approximately 200 patients across 68 towns and islands in York and Cumberland counties. The building project remains on schedule to open in July of 2020, and the capital campaign to support it has raised over \$6.5M from over 600 generous community supporters.

Being a local, independent nonprofit has allowed Hospice of Southern Maine to remain true to its mission. Since day one, we have been surrounded by people and a community that appreciates our mission of compassion, care and comfort through end of life for all who need us, regardless of ability to pay. We were especially honored to receive the 2019 Preble Street Community Partner Award. Preble Street CEO Mark Swann said, "Hospice of Southern Maine has shown compassion, care and respect to Preble Street clients at the end of life. Your work provides people who have struggled with homelessness the ability to die with dignity, and for that we thank you." We remain committed to providing care for our community and helping to create the best end-of-life experience no matter the circumstances.

It has been another amazing year at Hospice of Southern Maine. We are committed to our mission and vision by ensuring that all patients and families have the opportunity to receive the end-of-life care they need at the right time, the right place, and in the right way. Thank you so very much for your continued support of Hospice of Southern Maine!

Edward J. McGeachey 2019 Board Chair

Daryl J. Cady
Chief Executive

Chief Executive Officer

"Hospice of Southern Maine has shown compassion, care and respect to Preble Street clients at the end of life. Your work provides people who have struggled with homelessness the ability to die with dignity, and for that we thank you." ~ Mark Swann, CEO Preble Street Resource Center



Consistently, studies show that most Americans wish to die at home, as comfortable and pain free as possible. As Maine's population ages and the demand for end-of-life care grows, more people are seeking Hospice of Southern Maine's services than ever before. In 2017, we began the planning and capital campaign for a new Home Hospice Center in Scarborough to support our growing home care team of physicians, nurses, hospice aides, chaplains, social workers, volunteers, and grief support personnel.

HOSPICE CENTER

SERVING MORE PATIENTS & FAMILIES

The new Hospice Center is designed for clinicians to comfortably and efficiently coordinate care, order medications and equipment, make confidential phone calls, and consult with the Medical Director and care team before heading out on the road to care for the nearly 200 patients they serve every day.

SUPPORTING THOSE WHO ARE GRIEVING

Helping families after a loss is an integral part of Hospice of Southern Maine's mission. The family Bereavement Suite at the Hospice Center will be a peaceful space dedicated to individual and group support sessions, family meetings, and spiritual care.

EXPANDING EDUCATION

With a large Community Room that will hold 90+ people, the Hospice Center will host community education programs. The Simulation Lab and training space will support employee training, helping to ensure a competent, confident workforce.



—— In 2019, the Home Hospice Care Campaign to fund the Hospice Center surpassed its \$5.6M goal.

——— We are now on the way to fully funding this \$6.75M project. ——

—— Thank you to the **600+** generous community supporters, employees, and volunteers helping us to build our vision. ——

HOSPICE OF SOUTHERN MAINE AT A GLANCE

2019



Mary T. Pinto
Finance and Information Systems Director

As we put this annual report together much as has changed in our lives. The COVID-19 pandemic has touched us all and we at Hospice of Southern Maine have been further humbled by our role in end-of-life care.

In 2019 we had the opportunity to care for 1,806 patients and their families, 6% more than in 2018. In October 2019, Medicare altered their reimbursement to hospices by recognizing the high cost of care in inpatient hospice settings, such as our Gosnell Memorial Hospice House. This increase has helped us better meet our financial needs because this federal program covers most of our patient population.

The change allows us to support and develop our strong employee base whose focus is to help at end of life, either at the bedside or in the office supporting those on the frontline. Our focus is on quality and we can only deliver this with a committed and well-trained workforce.

Our generous community again contributed more than \$1,000,000 of support. These gifts assure that HSM can care for anyone who needs us regardless of insurance or financial status. With prudent use of our resources, we were able to show a positive bottom line. These funds are maintained to help with future initiatives or to assure we are prepared for unforeseen circumstance – such as the current pandemic. We are grateful for the support of our community.

Our independent auditor provided unmodified opinion in their report of the 2019 financial statements.

Respectfully Submitted,

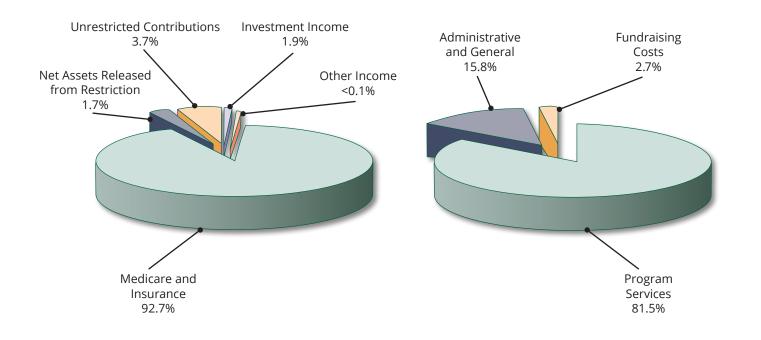
Mary T. Pinto

Mary T. Pinto

Finance and Information Systems Director

REVENUE AND SUPPORT

OPERATING EXPENSES



R	F \	/FI	NΙ	JF.	Δ	ND	SI	IP	PO	R1	Г

Total Revenue and Support	\$16,103,158	100.0%
Other Income	\$1,766	<0.1%
Investment Income	\$309,403	1.9%
Unrestricted Contributions	\$592,928	3.7%
Net Assets Release from Restriction	\$274,425	1.7%
Medicare and Insurance (net)	\$14,925,636	92.7%

Total Revenue and Support \$15,495,869 1		
Fundraising \$418,265	2.7%	
Administration and General \$2,452,407	15.8%	
Program Services \$12,625,197	81.5%	
OPERATING EXPENSES		





CARING FOR OUR COMMUNITY

At the end of life, every moment counts.

Hospice of Southern Maine provides compassionate, comfort-focused care to ensure that every patient is pain free and can live their best life, even at the end of life. Consistently, studies have shown that most Americans wish to die at home. Hospice helps them do that. In fact, 92% of HSM's patients receive care where they reside, whether that's their home, assisted living facility, or nursing home.

"It's about living for the day, getting their symptoms under control so they can snuggle with their wife or they can make it to the end of the World Series."

~ Julie Gilbert, RN

For many, death is a hard word, but death is simply another part of life. The hospice team, comprised of doctors, nurses, hospice aides, social workers, chaplains, grief counselors, and volunteers, works collaboratively to provide care for each patient while also supporting their loved ones. The following are snapshots of some of these professionals who care for our patients every day.

Nurses Spotlight - Julie Gilbert, RN

Hospice of Southern Maine nurses, like Julie Gilbert, visit 13–16 patients each week in their homes and cover about 50 miles a day. Hospice of Southern Maine provides care to residents across 68 towns and islands in York and Cumberland Counties. "It's a calling," says Gilbert. "If my patient isn't actively dying right in front of me, I'm focusing on the life they still have left and I'm looking at what I can do to make them feel better. It's about living for the day and getting symptoms under control so they can snuggle with their wife or make it to the end of the World Series."



Volunteer Services

Along with caring for patients, HSM provides continuous support to family members. Whether it's in the form of a volunteer companion sitting with the patient so the family can have a day off or weekly grief support visits after a death, Hospice of Southern Maine helps to ensure that family members also have the best end-of-life experience possible.

"The end of life is very intimate," says a Hospice volunteer who, while visiting patients, assesses what the individual needs are, "...I am there to talk with them about the process of dying, about what death means, or just simply be a friendly presence."

Left Page Bottom:

Nurse, Julie Gilbert, a member of Hospice of Southern Maine's home-care program visitis 13-16 patients each week.

Bottom Right:

Gosnell Memorial House Chaplain speaking at the annual Trail of Memories event.

Social Workers

Dying is a deeply emotional experience. Hospice of Southern Maine's social workers are skilled at supporting and guiding patients and their families in the exploration of what it might mean to live well and heal relationships at the end of life.

Chaplain Spotlight - Lindsay Roan

Chaplains at Hospice of Southern Maine provide spiritual support to patients, families, and caregivers. Chaplains bring no spiritual or religious "agenda," rather they offer an open, giving relationship outside the clinical medical routine. Gosnell Memorial Hospice House Chaplain, Lindsay Roan, describes her role as simply being there to help and listen. Death is as unique as the individual experiencing it. It is an honor and a privilege for Hospice of Southern Maine employees to be a part of such a special moment in someone's life.

Hospice of Southern Maine cares for each patient as if they were a member of its own family. The word 'death' is a difficult one to say in our culture, but Hospice of Southern Maine is here to support patients and their families through their entire end-of-life experience and long after. With our support and expertise, we strive to ease the burden of such a daunting word.



WHAT WE DO

Our mission is to provide compassion, care, and comfort through end of life. Hospice doesn't provide a cure, but it does offer healing. Since opening our doors in 2004, Hospice of Southern Maine has offered more than 15,000 patients and their families an exceptional level of care.



HOME HOSPICE

Most patients receive care at home. Nurses, chaplains, social workers, hospice aides, grief counselors and volunteers travel over 1,826 square miles across southern and western Maine to provide support and care to patients and families living at home, whether it's in a private home, group home, nursing home, or assisted living facility.



GOSNELL MEMORIAL HOSPICE HOUSE

Gosnell is an 18-bed acute care hospice house with a home-like setting. Professional nursing and medical care is available 24/7 to manage pain and symptoms. Families and friends are welcome to visit night and day.



BEREAVEMENT SERVICES

Each person's grief is unique and profoundly personal. Hospice of Southern Maine recognizes how important the healing process is to those who have lost a loved one. Our Bereavement program provides individual and group counseling sessions free of charge to anyone in the community regardless of whether or not their loved one received our care.



PATIENTS CARED FOR IN 2019



INDIVIDUALS RECEIVED GRIEF SUPPORT



OF FAMILY
CAREGIVERS SAID THEY
WOULD RECOMMEND
HSM



EDUCATIONAL PROGRAMS WITH

1,410

PEOPLE PARTICIPATING

123

VOLUNTEERS

CONTRIBUTED

11,346

HOURS

1 GOSNELL MEMORIAL HOSPICE HOUSE

GOSNELL REMAINS THE ONLY FREESTANDING INPATIENT HOSPICE FACILITY IN SOUTHERN MAINE





2019 All Staff Meeting









Top: Media Award Presented to Marnie Grumbach of Fluent IMC **Middle:** Hospice of Southern Maine honored Holly LeBlanc with the Katherine S. Pope Leadership Award in December **Below:** 2019 Circle of Caring Donor Appreciation Event





Above Left: 2019 Volunteers gratuate from the Volunteer Training Course
Above Right: Pastoral Coordinator, Larry Greer visits the ice cream truck at Gosnell
Bottom Left: 2019 Circle of Caring Donor Appreciation Event
Bottom Right: Home Care and Hospice Alliance Advocacy Day





Photo top left 2019 HSM Volunteers at Volunteer Appreciation Night

Photo bottom left

Hospice of Southern Maine (HSM) was presented with three awards this year -Volunteer of the Year. Distinguished Service (Michelle Malo), and Media (Fluent IMC).

Photo on right

As part of our mission, Hospice of Southern Maine (HSM) cares for anyone in need, regardless of income or insurance status. HSM was honored to receive the 2019 Community Partner Award from Preble Street for the care and compassion our staff has provided for Preble Street tenants.



WHAT SETS US **APART**

"What a gift, to see the tenants, beloved members of our community, peaceful, comfortable, and surrounded by love in their last days." Ali Lovejoy, Preble Street Senior Director of Residential Services



The year 2019 was a one of accomplishments for Hospice of Southern Maine (HSM). We were incredibly honored to be recognized for our hard work, dedication to our patients and community, and the efforts that went towards increasing awareness of hospice services.

Distinguished Service Award:

Quality and Compliance Director, Michelle Malo, was presented with the Distinguished Service of the Year Award by the Home Care and Hospice Alliance. Each year, this award is presented to an employee of a Maine home care or hospice agency who consistently demonstrates outstanding leadership qualities. Michelle joined HSM as its very first employee in September 2004. She has dedicated the past 15 years to advancing high-quality hospice care at HSM. Over her tenure, she has not only made significant contributions to the growth and success of HSM, she has also helped raise the bar for hospice care quality and awareness in Maine.

Community Partner Award:

Preble Street Resource Center announced Hospice of Southern Maine as the recipient of the 2019 Community Partner Award. This award recognized the care that our staff provides for their tenants, many of whom struggle with poverty and homelessness. It is a critical part of our mission that anyone in need of hospice services receives compassionate end-of-life care that makes them feel safe and comforted, and respects and empowers their dignity, regardless of personal circumstances.

Media Award:

Fluent IMC, Hospice of Southern Maine's public relations partner received the 2019 Media Award from Home Care & Hospice Alliance of Maine for its contribution to increasing awareness of hospice services

OUR EVENTS

TRAIL OF MEMORIES

On Saturday, June 1, 2019 Hospice of Southern Maine hosted its annual Brick Dedication Ceremony at Gosnell Memorial Hospice House. Over time, the patio has become a place of love and remembrance. Bricks are engraved and planted every spring, and family and friends are invited to attend the dedication.

















TWILIGHT IN THE PARK

September 21, 2019 was a beautiful night to host the 14th annual Twilight in the Park event. The air was crisp, with a warm breeze blowing. People from all over came to participate, and thousands of luminarias glowed warmly at dusk. Twilight in the Park is a remembrance event, with luminarias each representing someone who has brought love and light into our lives. Hospice of Southern Maine hosts Twilight in the Park every fall and invites anyone wishing to remember their loved ones to participate.







THRESHOLDS CONFERENCE

This year's conference, held on May 9, 2019 with Keynote Speaker Scott Simon, was centered around having honest conversations about end of life.

Hospice of Southern Maine hosts this endof-life conference each spring.











2019 DONORS

"Hospice of Southern Maine met us exactly where we were, and gave Mom and Pa the care they wanted and needed for a pain-free and peaceful death."

~ Dawn Brown

Legacy Circle | \$25,000 and Above

Anonymous

Bank of America Charitable Foundation

Biddeford Savings, a division of Maine Community Bank

Sam L. Cohen Foundation

Linda and John Coleman

Davis Family Foundation

Dead River Company

Annette L. Gosnell *

Mickey Greene

Hannaford Charitable Foundation

Alison Hildreth

Cathy Houlihan and Bo Norris

Kennebunk Savings Bank Foundation

The Lennox Foundation

The Lunder Foundation - Peter and Paula Lunder Family

Estate of Violet M. Merrill

Dr. and Mrs. Alfred Osher

Partners Bank

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Roman Catholic Diocese of Portland

Elmina B. Sewall Foundation

Spectrum Healthcare Partners

Bill and Bonnie Stoloski

The Wildflower Fund

Philanthropy Circle | \$10,000 to \$24,999

Anonymous

Baker Newman Noves

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SMRT Architects and Engineers State Manufactured Homes, Inc. Mark and Deborah Tuller/ Atlantic Comfort Systems, Inc.

United Way of Greater Portland

David E. Warren

Investors Circle | \$5,000 to \$9,999

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Margaret W. Soule Charitable Trust

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Town & Country Federal Credit Union

Partners Circle | \$2,500 to \$4,999

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Anthem

Bangor Savings Bank

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Elaine and John Brady

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Heidi N. Hansen *

Harvard Pilgrim Health Care

Home Instead Senior Care

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LeBlanc Family Charitable Fund

Paul and Janet Letalien Nelson Mead Fund Network for Good

Lindsay Niles

Chad E. Poitras Cremation & Funeral Service

The Simmons Foundation Philip J. Villandry, M.D. Wing-Benjamin Trust Wireless Construction, Inc.

Circle of Caring | \$1,000 to \$2,499

Anonymous (5)

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Matthew Arpin

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Nelson-Reade Law Office, P.C. New England Cancer Specialists Nonesuch Charitable Trust

Tonda L. Olson

Harold and Peggy Osher Norumbega Fund

Circle of Caring (cont.) | \$1,000 to \$2,499

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Partners Printing, Inc.

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Lucille S. Reed Pamela Roberts ^ Hugh Robinson

Saco & Biddeford Savings Institution and

P&C Insurance

Jane Sawyer Ineke Schair

Carol Schoneberg ^

Marjorie Dugan Schoonover ^ Smaha Family Charitable Fund

Charisma Fund - Lucy R. Sprague Memorial

Sarah Sprogell

Estate of Shirley T. Stewart

Virginia E. Swain
Greg Sweetser
Systems Engineering
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Wappler Family Charitable Fund Tracey and Verne Weisberg *

Tom and Joanne Wells

Peggy Wescott

Nathan Wilson and Patricia Gallagher *

The Winkler / O'Shaughnessy / Beauchemin Family

Paul and Judy Wolf * Graham Wright

Ambassadors | \$500 to \$999

Anonymous (2)

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lade Gere ^

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Amy Wyatt

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Dave and Patty Ekedahl Gordon I. Erikson, Jr. Courtney Fairbanks Heidi and Ken Farber ^

Rick Finberg

First Congregational Church, UCC

Don and Mary Fleurant Chuck and Helen Frazier

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Hews Company, LLC Hobbs Funeral Home

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