



Advance Directives and Advance Care Planning Resources

Understanding Wishes and Making Decisions

Advance Care Planning-Making Choices® (Gundersen Health System)

Includes an overview of advance care planning, a planning guide, and information for health care agents. www.gundersenhealth.org/advance-care

Coalition for Compassionate Care of California Advance Care Planning Resources Page

A wealth of advance care planning links and information. Includes information about selecting a health care agent and a guide for health care agents.

<http://coalitionccc.org/tools-resources/advance-care-planning-resources/>

Consumer's Tool Kit for Health Care Advance Planning (American Bar Association Commission on Law and Aging)

Includes worksheets and suggestions for selecting a health care agent and expressing your wishes and values.

www.americanbar.org/content/dam/aba/uncategorized/2011/2011_aging_bk_consumer_tool_kit_bk.authcheckdam.pdf

PREPARE

Interactive website designed to help people and their loved ones prepare for medical decision making. Helps users develop an action plan.

www.prepareforyourcare.org

Talking to Your Loved Ones About Your Advance Directive (Maine Health Learning Resource Center)

www.mainehealthlearningcenter.org/wp-content/uploads/2015/08/MH-Corporate-Conversation.pdf

The Conversation Project, a public campaign addressing how individuals, families and systems address end of life care, offers a "conversation starter kit" and other resources. www.theconversationproject.org.



Maine-specific

Advance Directives form for Maine and information about them

<http://www.themha.org/policy-advocacy/End-of-Life-Care/advdirectivesform.aspx>

Facts About Health Care Advance Directives (Maine Hospital Association)

www.themha.org/policy-advocacy/Issues/End-of-Life-Care/Facts-About-Health-Care-Advance-Directives.aspx

Elder Rights Handbook (Legal Services for the Elderly)

Includes information about a range of legal concerns for older adults in Maine, including advance directives.

www.mainelse.org/sites/default/files/pdf/LSERightsHandbook.pdf

POLST MAINE

Includes information about the implementation of the Physician Orders for Life Sustaining Treatment (POLST) program in Maine. <http://polstmaine.org/>