



2021 Zoom Bereavement Support Group Questionnaire

Group #1

After the Death of an Adult Child: Zoom Bereavement Support Group

March 25, 2021 - May 6, 2021

Thursday Evening 5:30 p.m. - 7 :00 p.m.

Group #2

Monday Daytime Zoom Bereavement Support Group

April 12, 2021 – May 31, 2021

Monday Daytime: 2:00 p.m. - 3:30 p.m.

Group #3

Wednesday Evening Zoom Bereavement Support Group

April 14, 2020 – June 2, 2021

Wednesday Evening: 5:30 p.m. - 7:00 p.m.

Group #4

After the Death of a Parent: Zoom Bereavement Support Group for Younger Adults

June 22, 2021 - August 10, 2021

Tuesday Evening 5:30 p.m. - 7 :00 p.m.

Group #5

Thursday Daytime Zoom Bereavement Support Group

June 24, 2021 - August 12, 2021

Thursday Daytime: 11:00 a.m.-12:30 p.m.

During this time of social distancing and Governor Mills' Stay Healthy at Home directive, Hospice of Southern Maine will be offering an online bereavement support group via Zoom for adults who have experienced the death of a loved one. Zoom is a secure video-conferencing platform that Hospice of Southern Maine staff can use for virtual face-to-face conversations with patients and families. Zoom is free, and it can be used on your smartphone or your computer.

Please fill out this form as completely as you can and return it as soon as possible. The time you take doing so will help with the facilitator's planning.

Name: _____

Mailing Address: _____

Town: _____ Zip: _____

Email: _____

Home Phone: _____ Work: _____

Cell: _____

(See reverse side)

People whom you consider to be part of your support system and their relationship to you:

The losses in your life that have been significant for you:

What is the most recent loss that brings you to this support group?

My loved one's name and relationship to me: _____

Date of death: _____

Please list any specific ideas/expectations/needs that you have and would like to share with the group.

What's been most difficult since the death of your loved one?

What strengths do you bring with you to this group?

Is there anything else you would like the facilitators to know about you or be aware of before the first meeting?

Would you like a facilitator to call you prior to the first meeting? Yes No

Thank you for the time you've taken to respond to this questionnaire. As always, our support groups are offered at no charge. Receipt of the enclosed Support Group Questionnaire will indicate your intention to participate in the group. Please complete and email form to:

Carol Schoneberg cschoneberg@hospiceofsouthernmaine.org

Or to Erin King at eking@hospiceofsouthernmaine.org.

For technical assistance, questions or comments about the groups please email or call Carol at 207-289-3651 or Erin at 207-289-3521

If you would prefer to mail in this form please complete and mail to:

Hospice Of Southern Maine Bereavement Services

390 US Route One

Scarborough, Maine 04074