



Hospice of Southern Maine
Anne L. Hunter Memorial
Thresholds
CONFERENCE

End-of-Life Conversations:
What to Say and Do

Questions for Your Doctor When Facing a Life-Threatening Illness

You might start the conversation by saying something like, *“I’m learning how important clear communication is at the end of life, so I’d like to start a conversation now that will help me prepare for that time, no matter when it might come.”*

Will you be honest with me as my illness progresses?

Will you tell me all my treatment options, regardless of your own personal preferences?

Will you honor my end-of-life healthcare choices and help me achieve my goals?

Will you tell me sooner rather than later when it’s time to involve hospice?

How will you care for me when I am dying?

How will you care for my family when I am dying?

It’s never too early to have this conversation with your doctor—no matter how old you are, or what health issues you may or may not have. Starting the conversation now can deepen the connection with your doctor and help pave the way for the best possible care at the end of life.

For more information, call Hospice of Southern Maine—(207) 289-3640.



MAIN OFFICE:
180 US Route One
Scarborough, ME 04074

GOSNELL MEMORIAL HOSPICE
HOUSE:
11 Hunnewell Road
Scarborough, ME 04074

T (207) 289-3640
Toll Free: (866) 621-7600
F (207) 883-1040

hospiceofsouthernmaine.org