

28th Annual MAFP Family Medicine Update

Friday – September 18, 2020

CME Credits	Time	Topic
	7:45 – 7:50	WELCOME DAY 1
1	7:50 – 7:55 Pretest 7:55 - 8:50 55 min	Cardiovascular Risk Reduction in Type 2 Diabetes: Practice Pearls for the Family Physician – <i>Javier Morales MD, FACP, FACE</i> – Upon completion of this activity, learners will be better able to: 1) Manage cardiovascular risk factors in patients with diabetes according to current clinical practice recommendations; 2) Individualize diabetes treatment based on comorbidities, patient preferences, & CV risk reduction goals; 3) Educate patients/caregivers regarding CV risk, medication use, adherence, & lifestyle management. **This activity is jointly provided by the North Carolina Academy of Family Physicians and Spire Learning, and is supported by an educational grant from Novo Nordisk**
Break	8:50 – 9:00	Post-test, Session Evaluation & Break
1	9:00 – 9:55 55 min	Diabetes Type 2: Review of Treatment Options – Including the New Medications & Special Considerations – <i>Armand Auger MD</i> – Objectives include: 1) Review various medication classes for the treatment of diabetes; 2) Review a practical, case-based approach for treatment strategies; 3) Discuss clinical management for special patient populations with diabetes.
Break	9:55 – 10:05 10 min	Session Evaluation & Break
.75	10:05 – 10:50 45 min	Tick Talk – There’s More Than Lyme In the Woods – <i>Stephen Sears MD, MPH</i> – Objectives: 1) Understand tick ecology & disease transmission; 2) Emphasize the growth of tick born disease other than Lyme – such as anaplasmosis & babesiosis; 3) Understand diagnosis & treatment of diseases other than Lyme.
Break	10:50 – 11:00 10 min	Session Evaluation & Break
.75	11:00 – 11:45 45 min	Third Time’s the Charm – Successful Implementation of Universal Screening for Substance Use In A Federally Qualified Health Center – <i>Noah Nesin MD, FAAFP</i> – Objectives: 1) Learn the evidence supporting universal screening for substance use in primary care; 2) Review validated tools for screening for substance use; 3) Understand challenges in implementation of universal screening in primary care & learn about strategies to mitigate those challenges to help ensure success.
Break	11:45 – 12:00 15 min	Session Evaluation & BREAK – sign on to LIVE ZOOM Annual Meeting session (plan to eat your lunch during the session)
	12:00 – 1:00 60 min	Annual Business Meeting – Invited Guest – <i>Gary LeRoy MD, FAAFP, AAFP President</i> Keynote
Break	1:00 – 1:10 10 min	Break
.75	1:10 – 1:55 45 min	Stubborn Questions: Challenging Our Habits In Practice – <i>David Loxterkamp MD, MA</i> – Objectives include: 1) Understand that protocols & “best practices” may not benefit our patients; 2) Describe the how & why for testing their validity; 3) List obstacles to change & how to overcome them, personally & professionally.
Break	1:55 – 2:05 10 min	Session Evaluation & Break
	2:05 – 3:35 90 min	CONCURRENT BREAKOUTS (choose 1):
1.5	Breakout 1 90 min	Keeping the Flame Alive: Art in Practice – <i>David Loxterkamp MD, MA</i> – Objectives: 1) Cite evidence for the arts in enhancing physician well-being and performance; 2) Cite evidence for the arts in enhancing the health of the community; 3) Suggest ways in which art can become a part of your practice.
	Breakout 2 90 min	Research in Family Medicine Presentation & Panel Discussion of Original Research: Naturopathic Approaches to Cancer Screening & Prevention – A Qualitative Study – <i>Evan</i>

28th Annual MAFP Family Medicine Update

		<i>Barnathan MD, MPH, Principle Investigator</i> – Objectives: 1) Define the six naturopathic principles; 2) Describe trends in cancer prevention & screening among naturopathic doctors; 3) Discuss opportunities & potential barriers for collaboration between NDs and MDs/DOs. <i>Panel: Co-Investigators – Michael Kohut PhD & Devra Krassner ND</i>
	CME credits:	Total for 9/18 – 5.75

Saturday – September 19, 2020

CME Credits	Time	Topic
	7:45 – 8:00	WELCOME – DAY 2
Break	8:00 - 8:10 10 min	Session Evaluation & Break
1	8:10 - 8:15 Pretest 8:15 - 9:10 55 min	Updates in Alzheimer's Disease: Solutions for Early Identification & Management – <i>Brian Unwin MD</i> – Upon completion of this activity the learner should be better able to: 1) Implement use of cognitive assessment tools into clinical practice; 2) Identify different stages of Alzheimer's disease & criteria used to define; 3) Summarize benefits & limitations of available & investigational management strategies for Alzheimer's disease. **This activity is provided by the North Carolina Academy of Family Physicians, in collaboration with Med-IQ, Inc. and is supported by an educational grant from Biogen pursuant to an Educational Grant Agreement** (Biogen Grant ID# 10653-G-ME)
Break	9:10 - 9:20	Post-test, Session Evaluation & Break
.75	9:20 - 9:55 45 min	Primary Care Management of Hepatitis C Virus (HCV) – <i>Stephanie E.O. McCullough MD</i> – Objectives: 1) Discuss the importance, Safety, & efficacy of Hepatitis C treatment in the primary care office; 2) Identify which patient population necessitates referral to subspecialty care; 3) Discuss a sample protocol for primary care HCV treatment.
Break	9:55 - 10:05	Session Evaluation & Break
.75	10:05-10:50 45 min	Psychiatry in the Family Medicine Office – <i>Melissa Stoliker PMHNP</i> – Objectives: 1) Diagnose mental health disorders in the primary care setting; 2) Identify medication choices for each condition.
Break	10:50-11:00 10 min	Session Evaluation & Break
.75	11:00-11:45 45 min	Update on Family Medicine Certification: What's New, What's True, and What's Ahead – <i>Elizabeth (Libby) Baxley MD</i> – Objectives: 1) Identify the core requirements for continuous family medicine certification through ABFM; 2) Describe the new longitudinal assessment option for the 10-year examination; 3) Determine the most relevant & seamless way to meet the performance improvement activity requirement based on their practice environment; 4) Articulate the ABFM's new emphasis on redefining its relationship with board certified family physicians and learn how to become more involved with the ABFM
LUNCH	11:45-1:00	LUNCH
.75	1:00-1:45 45 min	Pediatric Cardiology and the Family Physician – <i>Sean Hagenbuch MD, FAAFP, FACC</i> – Objectives include: 1) Review common referral questions; 2) Review common treatments; 3) Review less common cases & advances.
Break	1:45-2:00	Session Evaluation & Break
1.5	2:00 - 3:30 90 min	"What Was That (heart) Sound?" – <i>John Raymond MS, PA-C, MHP</i> – Objectives: 1) Attendee will learn techniques to improve listening to heart sounds; 2) Attendee will identify normal & abnormal heart sounds.
	3:30-4:00 20 min	Wrap-up with video message from Education Committee
	CME Credits:	Total for 9/19 = 5.50 + 5.75 (9/18) = Total: 11.25

Updated 8/17/2020