

29th Annual MAFP Family Medicine Update

Friday, May 21, 2021	
7:45 – 9:30	Opening, immediately followed by session: COVID19 forum: “COVID Shorts” (TED talk type presentations) including: Vaccination Science, How to vaccinate 7.8B people, & Post-COVID Syndrome by individual specialty – Primary Care, Respiratory, Cardiac & Behavioral. Individual presentations will be followed by a “Live Zoom” open forum for Q&A – Presenters: Drs. Jessica Bloom-Foster, John Campbell, Rebekah Gass, Alan Jansujwicz, James Jarvis and Sai Narsingam
9:30 – 9:45	BREAK
9:45 – 10:30	Hypertension: “Should HTN be a SPRINT? Pearls for the Primary Care Clinician” – Paul Segal DO – Objectives: 1) How & where should you measure BP? 2) Use of risk & frailty in the management of HTN; 3) Pearls for medication management.
10:30 – 10:45	BREAK
10:45 – 11:30	Child & Adolescent Psychiatry – Jodi Cote PMHNP – Objectives: 1) Diagnose common pediatric mental health disorders in the primary care setting; 2) Identify “best practice” medication choices for each condition.
11:30-12:30	LUNCH Break
12:30 – 2:00	Dermatology: Skin Cancer Detection using the Triage Amalgamated Dermoscopic Algorithm (TADA) – “Live Zoom” format – Drs. Peggy Cyr MD, MS & Elizabeth Seiverling MD – Objectives: 1) Apply simplified dermoscopic algorithm (TADA) differentiating cancer from benign skin growths; 2) Increase confidence in deciding whether to biopsy; 3) Become comfortable operating a dermatoscope.
2:00 – 2:15	BREAK
2:15 – 3:00	Migraine Headache & Headache Medicine – Brian McGeeney MD, MPH – Objectives: 1) Review common presentation of headache; 2) List & evaluate treatment options.
3:00 – 3:15	BREAK
3:15 – 4:00	Women’s Health: Post-menopausal Treatment – Joyce Hebert MD
4:00 – 5:00+	Meet Up with your colleagues! Virtual event “under construction” – check back for updates!

Saturday, May 22, 2021	
6:15 – 7:15	Physician Wellbeing - Early Bird Activity – Begin your day by viewing/participating in one or more of the activity videos provided, or go out for a jog/bike ride, etc. to begin the day. Stay tuned for more specifics!
7:00 – 7:30	Grab your breakfast and meet up with your colleagues in our virtual “breakroom”!

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7:30 – 7:45	BREAK
7:45 – 9:30	Opening, immediately followed by session: Via “live ZOOM” – Health Equity: Addressing the Diverse Needs & Barriers Caring for Maine’s Various Populations – This session will begin with a didactic presentation on the principles of diversity, equity, & inclusion, followed by a panel discussion with representatives from diverse communities in Maine, sharing their experiences in addressing inequity in healthcare & what they believe is important for family physicians to know as we strive to provide equitable care to all & understand the varied cultural perspectives of our patients.
9:30 – 9:45	BREAK
9:45 – 10:30	Brittle Bones: The cause, the effect and the management of Osteoporosis – <i>Rashid Cheema MD</i> – Objectives: 1) Identify cause of Osteoporosis; 2) Recognize the disease burden; 3) Diagnosis & treatment of osteoporosis.
10:30 – 10:45	BREAK
10:45 – 11:30	“Top Ten Updates in Family Medicine Evidence Based Medicine” – <i>Patrick Connolly MD</i>
11:30 – 11:45	BREAK – 15 minutes – bring your lunch back to attend the MAFP Annual Business Meeting
11:45 – 12:45	Annual Business Meeting (BYO Lunch) with address from Dr. Gary LeRoy, AAFP Board Chair and installation of MAFP incoming President and Board Members
12:45 – 1:00	BREAK
1:00 – 1:45	Suicide Assessment and Management in a Family Practice Setting – <i>Greg Marley, LCSW, Clinical Director of NAMI Maine</i> – Objectives: 1) Appreciate that suicide prevention & management is most effective using a comprehensive approach; 2) Be able to describe use of screening, assessment and safety planning in a FP setting; 3) Be able to describe recent trends in suicide & the drivers of suicide in a pandemic.
1:45 – 2:00	BREAK
2:00 – 3:30	Medical Ethics in the time of COVID – <i>Laurie Yntema MD & Susan Wehry MD</i> – “Live Zoom” presentation and audience Q&A
3:30 – 3:45	Break
3:45 – 4:30	Psychiatric Manifestations of COVID-19 & Physician Well-Being in a Time of Uncertainty – <i>Ryan Smith DO, M.Ed, PhD</i> – Objectives: 1) Discuss psychiatric manifestations of COVID-19 as well as treatments; 2) Discuss resources for physicians that can be used to maintain mental health wellness amidst working in a pandemic.
4:50pm	Wrap-up & Adjourn