

HIKING/NATURE TRAILS

LEVEL	TRAIL NAME
	<p>ANGEL FALLS: 90 foot plunge; one of Maine's tallest waterfalls! From Oquossoc, take Rt. 17 south for about 18.5 miles. Turn right onto an unnamed gravel road (adjacent to a large open field). Immediately cross a bridge over the Swift River, then turn right onto Bemis Road and drive north for about 3.5 miles. Look for a road on the left going downhill and follow it into an old gravel pit (large boulder with graffiti), and park. Look for red blazes, and follow a logging path across Berdeen Stream, and continue following the trail (red blazed) to Mountain Brook. The trail follows the brook up stream and crosses (rock hops) the brook three times before you come to the falls.</p>
	<p>APPALACHIAN TRAIL: Trail runs from Andover through our area beyond Saddleback Mountain. To reach Trail on Rt. 17, travel 11.1 miles south from Oquossoc. Trail from Rt. 17 to Rt. 4 is approximately 13 miles. It is moderate hiking, no real steep sections. Four miles from Rt. 17 is Sabbath Day Pond and shelter. To reach trail-crossing Rt. 4, travel south approximately 9 miles from the center of Rangeley.</p> <p>From Rt. 4 to top of Saddleback Mountain it is 5 miles. The last mile is above tree line. Please stay on marked trail, as this is a fragile alpine area. Also on this trail, you will find Piazza Rock, shelter and tent sites 1.3 miles from Rt. 4. There is a side trail off of Saddleback Mountain, which then follows ski trails to base lodge approx. 2 miles.</p>
	<p>BALD MOUNTAIN TRAIL: A 2.6 mile round trip hike with an elevation gain of 900 feet. Take Bald Mt. Road. Trail is on left. Follow marked trail to top of mountain approx. 1.75 miles. Be sure to proceed to the fire tower for beautiful views of surrounding mountains and lakes. Good family hike! Picnic table at both top and bottom of trail.</p>
	<p>BEMIS STREAM TRAIL: Start from Rt. 17, 5.2 miles south of South Shore Drive intersection...6.1 miles. Concrete conduit on right just beyond guardrail, look for blue flag.</p>
	<p>BONNEY POINT TRAIL Approximately 5 miles west of Rangeley, take left onto Bonney Point Road. Travel ½ mile, parking lot on left. Trail head starts at kiosk on left. Approximate 2-mile loop through forests and lakeshore.</p>
	<p>CASCADE STREAM GORGE TRAIL Route 4 south of Rangeley 3 ½ miles, turn east on Town Hall Road, take a second left, go 100 feet and take right at trail sign, parking lot at top. Follow trail markers through forested area, trail opens before streamside trail, picnic tables. Follow cairn formations to streamside trail. Multiple short spur trails to view gorge and waterfalls. Easy, but uneven and steep terrain. 30 minutes.</p>
	<p>EAST KENNEBAGO MOUNTAIN 10 miles east of Rangeley on Route 16, turn left on gravel road. Cross bridge take right. Go left at fork; take second right for a total of 5.3 miles from Bridge. Start hiking at snowmobile trail sign indicating East Kennebago. Great views. 3 miles to summit. Good trail for mountain biking.</p>
	<p>FOREST LEGACY TRAIL: Access by water across from Haines Landing or Route 16, 10.1 miles from Routes 4 and 16 intersection in Oquossoc. Easy-to-moderate ridgeline and shoreline loop. Approximately 5 miles.</p>
	<p>FLY ROD CROSBY TRAIL: The Fly Road Crosby Trail is a 45-mile heritage hiking trail that when completed will wind its way from Strong to Oquossoc along the Sandy River, Orbeton and Hardy Streams across the Appalachian Trail and Rangeley Lake to the Outdoor Heritage Museum. Currently there are two sections open, comprising over 20 miles of continuous trail. From Rangeley to Madrid Trail head, take route 4 to Madrid, turn on to Reeds Mill Road. Proceed approximately 4.5 miles. Trail head is on your left after Star Barn.</p>
	<p>HATCHERY BROOK TRAIL: 1/10 mile on Manor Road off Route 4 just west of Rangeley Village. Easy one-mile loop through woods with 3 lakeshore picnic sites.</p>
	<p>HUNTER COVE WILDLIFE SANCTUARY: A series of walking trails to view wildlife on Rangeley Lake's Hunter Cove courtesy of the Rangeley Lakes Heritage Trust. Enter on west side of Route 4 at the foot of Dodge Pond Hill between Rangeley and Oquossoc.</p>
	<p>HUNTER COVE UPLANDS: Rt 4, Rangeley, 2.8 miles of easy to moderate walking trails that lead to waterfront picnic sites and an overlook. At times, the trail follows the snowmobile trail and users should follow white blazes.</p>
	<p>MAINE FORESTRY MUSEUM TRAILS: Rte. 16, Dallas Plantation, 4 walking trails that link Haley Pond and Depot Street to the museum, two accessible by water. Trail map at museum.</p>

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	MINGO SPRINGS TRAIL AND BIRD WALK: A 2-mile walk through various forest types with excellent wildlife viewing. From intersection of Rte. 4 and 16 downtown, travel north 2.2 miles. Turn left on Mingo Loop. Trail head is 0.4 miles on right. Park on left next to maintenance building for golf course.
	MOUNTAIN POND: A moderate 3 mile round trip hike with an elevation gain of 600 feet. From Rangeley follow Rte. 4 south for 4.5 miles. Turn right onto the Edelhaid Road and proceed about a half mile to utility pole #13. The trail head is on the right. Park along the road. Trail is red blazed and recently maintained.
	PIAZZA ROCK: Enter Appalachian Trail where it crosses Rte. 4 approximately 9 miles south of the center of Rangeley. Nice hike to do with children. Approximately 1.4 miles to Piazza Rock.
	RANGELEY LAKES TRAILS CENTER Located on lower Saddleback Mountain, the Center offers 26 miles of hiking and mountain biking trails through pristine forests. Saddleback Mountain Road.
	SADDLEBACK MOUNTAIN: The most popular and scenic summer hiking route to the summit is from the ski area...approximate distance 2 miles. Begin at the Base Lodge and follow trails- Grey Ghost, Upper Grey Ghost and Tri Color. These trails are wide and offer nice views. Tri Color will bring you to the top of the Kennebago Quad Chair Lift, where a short, narrow trail behind the upper building leads to Saddleback's summit. Be sure that you note where this connects you to the above-tree-line area for your return to the trail.
	RANGELEY RIVER: To north gate, take Route 16 West from Oquossoc, go 1 mile, take left at Rangeley River sign, bearing right to gate, then walk to river. To south gate, from Oquossoc Grocery, take Hatchery Rd 100 yards, take left onto dirt road then walk to river. One-mile trail, suitable for walking, running, skiing, snowshoeing, biking, and snowmobiling. Two streamside picnic tables.
	RAPID RIVER & MIDDLE DAM: Route 16 West from Oquossoc for 15 miles, then left onto Fish Pond Road. The "Carry Trail" is the best route to gain access to the foot trails to historical Rapid River pools.
	SMALLS FALLS: 12 miles south of Rangeley on Rt. 4. Picnic area, scenic spot. Cross footbridge. Trail goes along stream to other falls. Children love this area.
	SOUTH BOG CONSERVATION AREA: Route 17 South from Oquossoc for 5 miles, left onto South Shore Drive. 4 miles to parking area on left past South Bog Stream Bridge. Includes an interpretive walk and picnic sites.
	SPENCER POND: Follow Rt. 17, 12.7 miles from the intersection of Rtes. 4 and 17 in Oquossoc (9.1 miles from State Park Rd.). Trail will be on left. The trail (red blazed) follows an old woods road. After about a half mile the trail joins a gravel road. Keep to the right and follow the red blazes. Shortly, a metal gate blocks the road. Do not open the gate. Walk around the gate and continue a short way, then take a right down to the shore of the pond where the trail ends. Good hike for children.
	STUDENTS ISLAND: Located on Mooselookmeguntic Lake and accessible only by water. The island is 115 acres and nearly a mile long with an easy walking path along the shoreline. Maps are available at www.stephenphillipswildernesscamping.com
	TIM BAKER NATURE TRAIL: Rangeley Region Guides & Sportsmen's Clubhouse on Old Skiway Road. Oquossoc. Trail is 0.4 miles and meanders through a variety of forest zones. Great family hike. Interpretive pamphlets are available. www.rangeleyoutdoors.com
	UPPER DAM: Route 16 West from Oquossoc for 12 miles, then left onto Upper Dam Road. Stay on this for approx. 6 miles until the gate, then walk in. Can also be accessed by boat from Mooselookmeguntic Lake. There is a public boat dock (4 boat capacity) on the south side of the dam. Access Upper Dam Pool with its historical angling opportunities. To the north of the dam, there is a short walking path suitable for those with disabilities that provides water access.
	WILHELM REICH MUSEUM WALKING TRAILS: On Dodge Pond Road, open year-round, but please call ahead for weekend use. Trails are a series of interconnecting loops featuring self-guided nature trail, bird watching area, and educational stations. Picnic tables available.

- Please respect the woods and the landowners who allow us to use these trails. We ask that you stay on marked trails and do not pick plants or flowers.
- Always hike prepared for bad weather and carry a first aid kit.
- Bring dogs only on appropriate trails.

Legend		
Easy	Moderate	Challenging