Tariki ya 25 Werurwe, 2020

Amakuru ya COVID-19 agezweho ku baturage bashya ba Maine

1. Guhera tariki ya 12 Werurwe haboneka umuntu 1 urwaye, kuri ubu hari abarwaye barenga 100 muri Maine.

2. Icyorezo cya COVID-19 (Corona Virus) ni dicyorezo cyica kandi kiri gukwirakwira cyane muri Maine. Iki cyorezo ni impamo!

3. Turagusaba kubahiriza no gukurikiza amabwiriza yose kugira ngo virusi irekereho gukwirakwira mu muryango mugari ubarizwamo.

4. Irinde ubwawe, umuryango wawe n'umuryngo mugari ubarizwamo igihe cyose. Ntihagire umuntu wakira iwawe keretese uhatuye.

5. Uza intoki zawe kenshi kandi wirinde gukora ku bantu cyangwa ikintu cyose uko ubishoboye. Hita ukataba intoki ukimara gukora ku kintu.

6. Guma mu rugo uko bishoboka kose. Irinde kujyana abagize umuryango wawe n'inshuti ku isoko. Abana bagomba kwirinda gukora hasi.

7. Kwirinda kujya mu matsinda y'abantu barenze 10 waba uri mu rugo cyangwa mu ruhame. Kwishyira mu muhezo ntibivuga gusura ingo z'inshuti/umuryango & kwicara muri metero esheshatu kure ya mugenzi wawe.

Catholic Charities Office of Maine Refugee Services

This Message is from the New Mainers Community Collaborative.

KINYARWANDA