

The Senior Citizens Commission held their regular meeting on Thursday, February 18, 2016 at the Senior Center at 2:45 P.M. Present at the meeting were members: Chair Paula Friez, Maureen Johnson, Patricia Morianos, Maureen Johnson and Tina Giuffre; Senior Center staff Alice Hare and Director of Senior and Social Services Jennifer Ochoa.

**1. Call to Order**

Ms. Friez called the meeting to order at 2:59 P.M.

**2. Public Comment**

Ms. Udin's Seniors Inc. Report:

The group briefly reviewed the recent monthly meetings. Guests at the meetings have included Representative Gayle Mulligan and Dr. Wickersham (NCAAA Board Member). Representative Mulligan addressed many questions the seniors asked. Pizza and a Jazz group will be at the February monthly meeting.

**3. Approval of Minutes:  
December 10, 2015**

A motion was made by Ms. Morianos, seconded by Ms. Johnson to approve the minutes of the December 10, 2015 meeting with the following correction.

Section 5...3<sup>rd</sup> Paragraph, 2<sup>nd</sup> Sentence..."She also shared that there are potential grants for the orchestra..."

Motion unanimously passed.

**4. Municipal Agent's Report**

Ms. Bolduk shared with the commission that she will no longer be able to clerk the Senior Commission Meeting. She will no longer be working for the Town of Bolton. She will work with Ms. Ochoa to find a replacement clerk.

**5. Old Business**

A. Review of recent programs: There was a lunch at Birch Hill Tavern in Glastonbury.

There was a lot of positive feedback.

Restorative Yoga-Ms. Giuffre reported the program went very well, and she received a lot of positive feedback, next week is the balance workshop.

In March, there will be a lunch at Finnegan's in Hebron, Bingo on St. Patrick's Day, and a Psychic coming to monthly meeting (\$5 charge per person).

B. Bingo - Lunch: Ms. Ochoa reported that Bingo has continued to be a success, even with the required \$2 charge. Approximately 18 attend Bingo.

**6. Old Business**

A. Mailing Results: There have been a few new people showing up for some of the programs as a result of the mailing.

B. Giving Trees: Once again it was a very successful year. The tags are increasingly focusing on items for adults, since the Center School donates several toys from their toy drive.

C. Budget

Ms. Ochoa met with the Board of Selectmen at the Budget Workshop on February 9th. She reviewed some of the new minor things that she is looking to purchase for the Senior Center.

**7. New Business**

A. Meeting Day Change?

The group briefly discussed changing the day of the week the meeting takes place on. By consensus, the group agreed not to consider Mondays or Fridays.

**B. Senior Expo (Health & Wellness) October 2016**

Ms. Ochoa would like to reach out to vendors that are going to draw in more seniors. Vendors would pay \$100 for a table, and would be able to come back the following year and hold a program.

Suggestions included: October Kitchen, Touch Points (Kim), Visiting Nurses, Lifeline, Life Alert, Cable Company (home monitoring systems), Advanced Home Medical, Department of Social Services (provide information on programs available through the state), combined efforts for exercise, hearing, occupational therapist to have items to help seniors, chiropractor/acupuncturist, occupational therapist.

**C. Outreach Update**

Cropley's made a generous donation of poinsettias for the Senior Center. The commission suggested in the future handing them out to seniors that are unable to get out.

The group briefly discussed starting up the book system, delivering books to borrow for seniors. Suggestions of ways of getting the word out included Facebook and local groups to get the word out.

Ms. Morianos suggested bringing in a hairdresser, manicurist and see if it would be a popular service to provide.

In lieu of fee, ask program leader to make announcement of other programs.

The August BBQ meeting, anyone that brings a friend that has never attended a program at the senior center will have their name entered in for a raffle. Ms. Udin, suggested that the BBQ be catered. She will get some information for a possible caterer.

**8. Adjournment**

A motion was made by Ms. Johnson, seconded by Ms. Giuffre to adjourn the meeting at 3:55 P.M. Motion unanimously passed.

Respectfully submitted,

Heidi Bolduk  
Board Clerk

PLEASE SEE THE MINUTES OF SUBSEQUENT MEETINGS FOR THE APPROVAL OF THESE MINUTES AND ANY CORRECTIONS HERETO.