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What to Expect After COVID-19 Vaccination

What are the usual side effects might I experience after receiving a COVID-19 vaccine?

Side effects that have been reported following COVID-19 vaccination include:

- Injection site pain, swelling, or redness
- Tiredness •

Headache

- Muscle or joint pain
- Fever or chills
- Nausea or vomiting
- Generally feeling unwell Swollen lymph nodes

Side effects are more commonly reported after the 2nd dose of the vaccine and are more common in those under 55 years of age than those older than 55 years of age.

These side effects are usually mild to moderate, but uncommonly can be more severe.

Studies of the vaccines are ongoing, so these may not be all the possible side effects.

If I experience a fever or other side effect from the vaccine, should I indicate this when completing SafePass?

Many of the side effects of vaccine administration are similar to signs and symptoms of COVID-19 infection, so it is important that you complete SafePass as you normally would prior to reporting to work for your scheduled shift.

What serious adverse events should I be aware of?

There is a small chance that the vaccine could cause a severe allergic reaction, usually occurring within a few minutes to an hour after vaccine administration. Signs could include difficulty breathing, swelling of your face or throat a fast heartbeat, a rash, and dizziness or weakness.

Studies of the vaccines are still ongoing, so other serious and unexpected side effects may occur.

What should I do if experience an adverse reaction?

If you experience a severe allergic reaction (difficulty breathing, swelling of your face or throat, a fast heartbeat, dizziness, or weakness), call 9-1-1 or go to the nearest hospital.

If you have other side effects that bother you or do not go away, call your healthcare provider.



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How should I report a reaction after receiving a COVID-19 vaccine?

If you experience a reaction outside of the usual side effects, use Riskonnect to report your reaction using the Employee Event portal.

After entering your name and other identifying information, indicate that the event you are reporting is related to a COVID-19 vaccination.

You will then be prompted to indicate when and where you received the vaccine and provide a description of the reaction you experienced.



Additional Resources:



V-safe is a smartphone-based tool that uses text messaging and web surveys to provide personalized health check-ins after you receive a COVID-19 vaccination. Through **v-safe**, you can quickly tell CDC if you have any side effects after getting the COVID-19 vaccine. Depending on your answers, someone from CDC may call to check on you and get more information. And **v-safe** will remind you to get your second COVID-19 vaccine dose if you need one.

Your participation in CDC's **v**–**safe** makes a difference — it helps keep COVID-19 vaccines safe.

Please use the link below for information on how to Register using your smartphone.

https://vsafe.cdc.gov/



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