

# Bolton Senior Center Primetime Online

January & February 2023

**Monday – Thursday 9 a.m. to 4 p.m.**

**Friday 9 a.m. to 3 p.m.**

**860-647-9196**

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## Directors Note

Dear Senior Center Friends,

It was heartwarming to recently hear about some acts of kindness and about some true friendships that have blossomed between peers. Many of you told us you joined each other at home for meals in celebration of the holidays. This is a testament to the value of Senior Centers and the enrichment and comradery that comes with being a part of your community.

This month we kick off our silver anniversary year – the Bolton Senior Center turns 25! It was fun to browse some past newsletters and see how much has changed. We are planning some great events – some honoring our roots, and some new features - so stay tuned for more to come as we celebrate this milestone later this year.

Happy 25th Bolton Senior Center – We're just getting started!

Carrie

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**WELCOME**

There is no membership to participate.

**Transportation** - Call to schedule in advance; subject to availability.  
We travel to a variety of towns for medical appointments and errands.

**Food Pantry** Mon/Wed/Thurs. 9:30 a.m. – 3:30 p.m. or by appointment.  
Open for all ages. Non-perishable food, toiletries, kitchen supplies and paper goods available. Ask about other local food resources.

Note: There will be adjusted Food Pantry hours during Tax Aide Appointments.

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## Holiday Closures

All Town Offices will be closed on the following Mondays: January 2, January 16 and February 20.

Note: Chair Yoga will not be held the week of February 6.

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## Weather Policy

Please check WFSB or NBC30 for any updates about delayed openings or closure due to inclement weather.

Chair Yoga is cancelled on days with a delayed opening.

If the Senior Center is closed all transportation is cancelled.

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## In Remembrance

We are grieving the loss of our friend Barbara Kiernan. Our thoughts are with her sister, Joyce Holland.

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## Knox Box Safety Program

A Knox Box provides local first responders with quick and safe entry to a home during an emergency without property damage. The device is fastened to a door and does not require permanent adhesion. It is available for both homeowners and renters. The Knox Boxes were purchased by Bolton Senior Inc. with grant funding from the Hartford Foundation for Public Giving Bolton Community Fund. If you would like to participate, please contact the Senior Center office.

Please note: we also have information about a program to obtain free smoke detectors. See the Senior Center bulletin board for details.

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## A Few Words of Thanks

We are lucky to live in a generous community. We received many food pantry items and Giving Tree presents from individuals, families, and groups such as Bolton High School Student Council, Bolton/Coventry Daisy Troop,

Bolton/Coventry Mom's Club, St. George's Church, Community Voice Channel, Parkside Pizza, etc.

As always, we couldn't run the Giving Tree program without the assistance of Bentley Memorial Library and the amazing volunteers at St. Maurice Church.

In particular, we would like to take the time to acknowledge and thank Dorli and Lou Cloutier. We've had the honor of collaborating with them for many social service projects over the last few years. We wish them both well wishes in their new home!

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## Here's What's Been Happening

### A look back at recent events

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In November we honored Veterans and enjoyed a lovely luncheon hosted by Seniors Inc.

We traveled to the high school for a delicious taste of quick breads and pies and enjoyed our time with the students.

At the end of the month a jolly group of elves put together the holiday cheer around the Center – thank you!

December is always a busy month but we took the time to enjoy each other's company at the Holiday Party and of course, enjoy the cookie tasting at the high school!

We were also amazed at the Fire Prevention Posters created by fourth and fifth graders at Bolton Center School. It was a very difficult decision to vote for our favorites!

Also of note, Bolton's newest business, AllTown Fresh, celebrated its grand opening in December. They have partnered with us to support the Bolton Food Pantry!



Ginny Dodd



Halloween Party



Veterans Day



Our Speaker Alex Rivera



Taste Testing Quick Breads & Pies



At Bolton High School



Mr. Jones counts the votes for best bread and pie.



Barbara Potter



Decorating the Senior Center



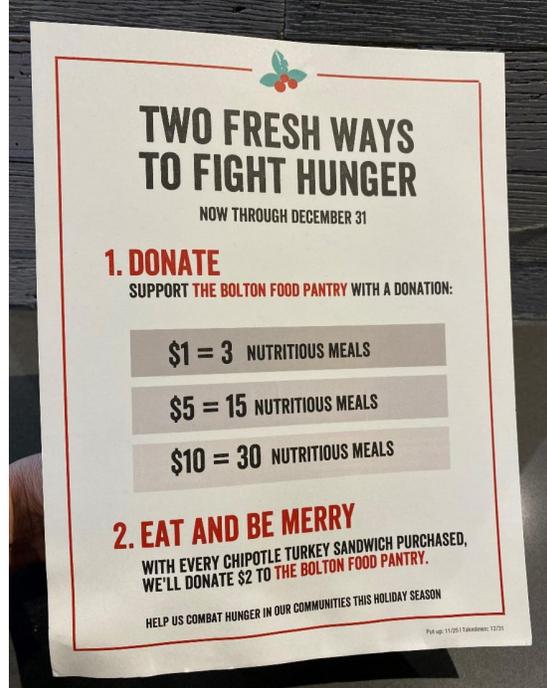
AllTown Fresh Ribbon Cutting



First Selectmen Pam Sawyer



Food Pantry Partner



Fire Prevention Posters



4th Grade



5th Grade

## AARP Tax Aide

Our fantastic AARP Tax Aide Volunteers are back to provide free Federal and State tax preparation. This service is available for anyone, regardless of age, income or town residency for any simple returns (no rental or business income).

Appointments are required in advance and are being schedule for Monday and Wednesday mornings from February through April. An intake packet will be provided prior to your appointment with detailed instructions about materials to bring. Schedule your appointment today!

## Regularly Scheduled Activities

### Chair Yoga

Mondays, Wednesdays and Fridays at 9:30 a.m. \$5 per class

### Set Back

Wednesdays at 12:30 p.m.

### Poker

Tuesdays at 12 p.m.

### Quilting

Fridays at 11:00 a.m.

### Dominoes

Mondays at 1:00 p.m.

### Mah Jongg

Tuesdays at 12:30 p.m.

### Bridge

1st and 3rd Wednesday of the month

**All regularly scheduled programs do not require advance reservation.**

## Meetings

Seniors Inc. Meeting – Monday, January 23 and Monday, February 13 at 10:30

a.m.

The next Senior Citizens Commission will be in March.

## Foot Care

Foot Care appointments are the fourth Tuesday of the month; \$30 per appointment.

# Special Events

**RSVP due one week prior unless otherwise specified.**

## BINGO

Join us Thursday, January 5 and Thursday, February 2 at 1 p.m. \$1 a card to play multiple games.

## CASINO

Take a trip to Mohegan Sun Casino on Thursday, January 19 and Thursday, February 16. The van leaves at 9:15 a.m. \$5 for all passengers; limit 20 participants.

## LUNCH OUT

We're out to lunch to Vernon Diner on Thursday, January 12. Van leaves the Center at 11:30 a.m.

## RELAY CONNECTICUT PRESENTATION

Do you ever find it difficult to hear over the phone? Join us on Tuesday, January 24 at 10 a.m. for a presentation about Relay Connecticut, a free service available to you to make it a lot easier to make and receive phone calls.

*Relay Connecticut is a 24-hour service that enables individuals who are deaf, hard of hearing, DeafBlind or have difficulty speaking to communicate freely with friends, family and businesses. For people who have difficulty hearing or speaking, the simple act of using a telephone can be a challenging and frustrating experience. Whether it's conducting business, speaking to doctors, making appointments or just keeping in touch with family and friends, an inability to communicate over the phone can affect almost every aspect of a person's day-to-day life. Multiple service options are available to fit individual communication needs.*

## FROZEN SPOON PARTY

It may be cold but it's always a good time for ice cream! It's a Frozen Spoon Party! UR Community Cares is hosting an ice cream social for us on Thursday, January 26 at 1 p.m. Come have a lot of laughs and enjoy a sundae.

*The Town of Bolton has a partnership with UR Community Cares, a local non-profit that links residents 70+ or adults with disabilities with local volunteers to help with tasks such as housework, yardwork, transportation and companion.*

Michelle Puzzo shared, "Bolton Seniors can be volunteers to help other older adults in town. URCommunityCares.org is a platform where those who drive and want to deliver goods can connect with people who need groceries, need to run errands or go to appointments. In Bolton you can use the website to request a ride, if you don't drive - when a volunteer accepts your request, the website notifies you of the volunteer heading to help you. UR Community Cares helps older adults connect to one another, to help one another."

## PIZZA PARTY

It's the season of Love – and we love pizza! Join us for a Valentine's Day Pizza Party on Thursday, February 9 at 12 p.m. hosted by Seniors Inc.

## CT FLOWER & GARDEN SHOW

Think spring and blooming flowers. We will visit the CT Flower & Garden Show on Thursday, February 23. The van leaves the Senior Center at 10 a.m. Tickets are \$20 at the door, or \$17 advance tickets are available for purchase online.

## Social Services Corner

### ENERGY ASSISTANCE

We strongly encourage you to apply for energy assistance through ACCESS Community Action Agency at 860-450-7400. Income limits are \$39,791 single, \$51,996 couple (ask for additional household sizes). There are many ways to apply: phone, mail, in-person, drop-off; please ask for more information.

Please be aware there are significantly more applications this year and response times are slower.

## Chuckles with Carol

This joke was submitted by Carol Tambling.

*Having just moved into his new office, a pompous, new Colonel was sitting at his desk when an airman knocked on the door. Conscious of his new position, the Colonel quickly picked up the phone, told the airman to enter. Then said into the phone, "Yes, General, I'll be seeing him this afternoon and I'll pass along your message. In the meantime, thank you for your good wishes, sir." Feeling as though he had sufficiently impressed the young enlisted man, he asked, "What do you want?" "Nothing important, sir," the airman replied, "I'm just here to hook up your telephone."*



### Bolton Senior Center Calendars

January 2023  
Calendar

February 2023

