

# Bolton Senior Center Primetime Online

## May & June 2023

*In 2023 we celebrate the Silver Anniversary of the Bolton Senior Center.  
Happy 25th BSC - We're Just Getting Started!*

**Monday – Thursday 9 a.m. to 4 p.m.**  
**Friday 9 a.m. to 3 p.m.**  
**860-647-9196**

**Director: Carrie Concatelli, MSW**

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**There is no membership to participate.**  
Sign in at the front door with your phone number.  
First time visitors, please check in at the office.

[Check Out Previous Editions](#)

## Director's Note

Dear Senior Center Friends,

We welcome our new Van Driver Bob Funke. We are thrilled to have him join our team.

May is Older Americans Month. This year's theme is "Aging Unbound." According to the Administration for Community Living, this month is "an opportunity to explore diverse aging experiences." What is older, anyway? The "Golden Girls" were supposed to be in their fifties when the show began. How much of aging is physical and how much is mentality? Some people like to say they "aren't old enough" to visit a Senior Center – don't let a number cause you to miss out on fun, exploration, and friendship.

We are working on many special events and trips for this summer, so watch out for additional announcements as details are finalized.

An important reminder: all special events require registration. Want to make it easy? Fill out a registration form and you'll receive a receipt to help you mark your calendar!

Carrie

## WELCOME

There is no membership to participate.

**Transportation** - Call to schedule in advance; subject to availability. We travel to a variety of towns for medical appointments and errands.

**Food Pantry** Mon/Wed/Thurs. 9:30 a.m. – 3:30 p.m. or by appointment. Open for all ages. Non-perishable food, toiletries, kitchen supplies and paper goods available. Ask about other local food resources.

## Holiday Closure and Schedule Change

Town Offices are closed on Monday, May 29.

Chair Yoga will not be held on Friday, May 5.

Chair Yoga is also off for the week of June 5.

## Knox Box Safety Program

A Knox Box provides local first responders with quick and safe entry to a home during an emergency. The device is fastened to a door and does not require permanent adhesion. Knox Boxes were purchased by Bolton Senior Inc. with grant funding from the Hartford Foundation for Public Giving Bolton Community Fund. There is currently a wait list. We also have information about a program for free smoke detectors. Please ask Senior Center staff.

## Town Budget

Dates to remember:

The Annual Town Meeting will be Tuesday, May 16 at 7 p.m. at Town Hall.

The Budget Referendum vote is on Tuesday, May 23 from 6 a.m. to 8 p.m. at Ryba Hall – St. Maurice (32 Hebron Road.)

Pictured: Town Leaders spoke about the Town Budget in March.



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## A Note about Donations

As many of you are spring cleaning, we get a lot of questions about the types of donations we accept. Donations are accepted by staff during open hours.

Our “free table” is popular and ever-changing. We accept small, clean, like-new household items. If your item hasn’t found a new home in two weeks, please consider taking it back to make room for new treasures.

We also have many jigsaw puzzles and books available for unlimited loan. We accept new and like-new puzzles and like-new fiction books published within the last ten years.

As for the food pantry, we are greatly in need of food, paper goods, toiletries and household cleaners. However, we cannot accept expired or opened/partially-used items. We appreciate the support of individuals and local groups who regularly think of us. We are happy to provide a list of our most needed items by request.

We have a lending closet for medical equipment but our space is very limited and full.

We do not accept clothing or large items for donation. You may place an index card “classified ad” on our community bulletin board to describe a free item.

Finally, please do not leave donations outside of our front door. The area gets very wet.

Thank you for thinking of us.

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## Here's What's Been Happening

### A look back at recent events

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In March, we enjoyed a delightful St. Patrick’s Day lunch, with nearly 50 people in attendance! We also had several full events in April.

Our Tax Aide season has wrapped up – we filled every appointment and the team pulled through until the end! Thanks again to Vince, Jim, Lynn and Ayako for their hard work and dedication.

And we had a lot of nice days for beginners to learn to play pickle ball. We are looking forward to many more festive games this summer.



## Regularly Scheduled Activities

### **Chair Yoga**

Mondays, Wednesdays and Fridays at 9:30 a.m. \$5 per class

### **Set Back**

Wednesdays at 12:30 p.m.

### **Poker**

Tuesdays at 12 p.m.

### **Quilting**

Fridays at 11:00 a.m.

**Dominoes**

Mondays at 1:00 p.m.

**Mah Jongg**

Tuesdays at 12:30 p.m.

**Bridge**

First and Third Wednesday of the month

**All regularly scheduled programs do not require advance reservation.**

## Meetings

Seniors Inc. Meeting – 10:30 a.m. on Monday, May 15 and Monday, June 19.

Senior Citizens Commission is Tuesday, June 6 at 1 p.m.

## Foot Care

Foot Care appointments are one Tuesday a month; \$30 per appointment.

# Special Events

**RSVP due one week prior unless otherwise specified.**

**If you use a cane or walker, please bring it with you to the Senior Center and on all outings.**

## BINGO

Thursday, May 4 and Thursday, June 1 at 1 p.m. \$1 a card to play multiple games.

## CASINO

Take a trip to Mohegan Sun on Thursday, May 25 and Thursday, June 29. The van leaves at 9:15 a.m. \$5 for all passengers; limit 20 participants.

## LUNCH OUT – WINDHAM TECH

The reviews were great, so by request, we will visit Windham Tech once more to enjoy a delicious four course meal created and served by Windham Tech Culinary Students. The lunch will be Thursday, May 11. The cost is \$12 per person, cash only, paid at the school the day of the trip. The van leaves the Senior Center promptly at 10 a.m. Reservations are due by May 3, which includes meal choices: chicken Marsala or pasta primavera and Oreo strawberry cheesecake or lemon tart. Please note we cannot accept last minute reservations to comply with school security measures.

## **OPEN MIC NIGHT**

We are hosting our first ever Open Mic Night on Wednesday, May 17 at 6 p.m. Grab a seat, some refreshments, and sit back to listen to various storytellers, writers, etc. We look forward to an evening of entertainment. If you would like to perform, please notify staff immediately.

## **“A TASTE OF MOM’S HOME COOKING” POT-LUCK**

We’re celebrating all Moms in May with “A Taste of Mom’s Home Cooking” Potluck luncheon on Thursday, May 18 at 12 p.m. Let us know if you plan to bring an appetizer, entrée or dessert, or just a hearty appetite. We will have culinary stations set-up to taste test various mouthwatering styles of our family favorites.

## **POETRY TO MEMOIR**

Back by popular demand, we welcome Bolton’s Poet Laureate Bessy Reyna for an afternoon of Poetry to Memoir on Wednesday, May 31 at 2:30 p.m. Listen to inspirational poetry and learn how to develop your own creations. This class is limited to 12 participants; pre-registration is required. All materials will be provided.

## **GARDEN CLUB**

Come garden with friends! We are adding an herb, flower and tomato garden. We will meet Tuesday, May 30 at 10 a.m. to plant the garden and coordinate the ongoing schedule to help it flourish. A follow-up meeting will be Tuesday, June 27 at 10 a.m.

## **NEW TO MEDICARE**

This special evening presentation is postponed to a new date and time: Wednesday, June 7 at 7 p.m. Are you new to Medicare or about to be in the next few years? Learn important details about how to get started, what coverage is needed, and where to look to get personalized recommendations. Sign up required by May 30.

## **FLOWERS IN SIMSBURY**

We are taking a day-trip to Simsbury on Thursday, June 15 (rain date Friday, June 16). The van leaves the Senior Center at 11 a.m. We will visit the Old Drake Hill Flower Bridge. This year the flowers on the bridge are celebrating Dutch artist Piet Mondrian. There will be an interactive presentation about the history and transformation of the bridge. Box lunches provided by Fitzgerald’s Foods will be enjoyed in the Hop Brook Landing Park, under a pavilion or in a picnic grove overlooking the Farmington River (portable restroom facilities are available in the park). There will be a stop on the way home for farm made ice cream and shopping at Tulmeadow Farm Store. Reservation and sandwich choice (turkey, ham, tuna, veggie; with or without cheese) due Tuesday, June 6. \$10 per person includes lunch and presentation.

## **WELCOME SUMMER COOKOUT**

We're grilling up some hotdogs, hamburgers and dishing up some baked beans to Welcome Summer on Thursday, June 22 at 12 p.m. Come by for all of the fixings and enjoy time with friends.

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## Outdoor Activities

Outdoor activities are weather dependent: cancellation will occur with any precipitation "more than a drizzle" or due to windy conditions. Sign up is required and please enter the building to check in before playing. Interested in a different time? Call the Senior Center to arrange for the equipment.

### BOCCE

Come out to the bocce courts every Thursday at 10 a.m.

### BEGINNER PICKLEBALL

Come out to play every Tuesday at 2:30 p.m.

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## Afternoons at the Theater

### HERE YOU COME AGAIN

See "Here You Come Again" at the Terris Theatre (Goodspeed's Second Stage) in Chester on Wednesday, August 9. This is a new musical featuring songs by Dolly Parton. The van leaves at 11 a.m. for a lunch out (TBA) followed by a matinee performance, returning at 5:30 p.m. Tickets are \$44 per person, non-refundable, due in full by Tuesday, June 6.

### JERSEY BOYS

See "Jersey Boys" at the Ivoryton Playhouse in Essex on Wednesday, September 6. This hit Broadway musical featuring songs of the Four Seasons. The van leaves at 11 a.m. for a lunch out (TBA) followed by a matinee performance, returning at 6 p.m. Tickets are \$45 per person, non-refundable, due in full by Wednesday, July 5.

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## Social Services Corner

### PROGRAM RENEWALS

During the public health emergency, The Department of Social Services hasn't required renewals for Medicaid (Husky) or SNAP (Food Stamps). Now that this declaration has ended, you will be asked to submit updated information to renew eligibility. CT is slowly implementing these renewals to spread them out. If you need assistance with applications, please make an appointment with our office.

### PROPERTY TAX ASSISTANCE

Are you over the age of 65 or adult with a disability, and under the income limit of \$40,300 single/\$49,100 married? Apply for the Tax Relief Program or Renters Rebate. Call the Assessor's office for an appointment: 860-649-8066 x6100. Homeowners must apply before May 15 and renters apply before October 1.

## FOOD RESOURCES

The Bolton Food Pantry is open to residents of all ages. We also have a partnership with MACC: call 860-647-8003 x28 for their separate registration. Connecticut Foodshare is at St. George's Church (Route 44) every other Tuesday from 10 to 10:30 a.m. The next dates are: May 9, May 23, June 6 and June 20. Ask for additional dates and times of other local Connecticut Foodshare locations.



### Bolton Senior Center Calendars

[May Calendar](#)

[June Calendar](#)