

 **FUNDING FOCUS: Aging and Seniors Resources**

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| 1. National Council On AgingKnown as both a respected national Leader and trusted association dedicated to helping people aged 60+, the [National Council on Aging](https://protect-us.mimecast.com/s/ksyzC5yXwWHOABouORI2H?domain=ncoa.org/) works with nonprofit organizations, governments, and businesses in order to provide community programs and services. This is a great place to find what senior programs are available to assist with healthy aging and financial security. 2. AARPThe [AARP](https://protect-us.mimecast.com/s/_sXdC684x0IxX5EHmkHD2?domain=aarp.org/) is a nonprofit, nonpartisan organization whose focus is helping people 50 and older to improve the quality of their lives. Its website hosts helpful information to seniors around topics such as healthy living, senior discounts, products and news specific to seniors. In addition, there is the [AARP Foundation](https://protect-us.mimecast.com/s/Q8P2C732yAt9LDvcN9w5H?domain=aarp.org/).The AARP Foundation is AARP’s affiliated charity that works to assist low-income seniors in getting the necessities of life such as nutritious food, affordable housing, a steady income, and social integration. Volunteers, legal advocates, and organizations come together create effective solutions for older adults who may be struggling.3. Programs of All-Inclusive Care for the Elderly (PACE®)[Programs of All-Inclusive Care for the Elderly (PACE®)](https://protect-us.mimecast.com/s/x3VPC820z9Ix9olHoERs2?domain=pace4you.org/" \t "_blank) assist people who are age 55 or older by providing and coordinating all the types of care a senior living at home might need such as medical care, personal care, rehabilitation, social interaction, medications, and transportation. PACE can be contacted by calling 1-800-MEDICARE; TTY users should call 1-877-486-2048 or visit their website.To qualify for PACE seniors must be certified by their state to need nursing home care and live in a PACE service area (over 230 PACE centers in 31 states).4. Eldercare Locator[Eldercare Locator](https://protect-us.mimecast.com/s/_Ln_C9rPA2IP8GvT1vQn0?domain=eldercare.gov/) is a great resource for seniors. As a free national service of the US Administration on Aging (AoA) and an initiative of National Association of Area Agencies on Aging (n4a), it helps find local resources available to seniors such as legal and financial support, caregiving services, home repair and modification, transportation and more.You can contact the Eldercare Locator by calling 800-677-1116 or by visiting their website. 5. Area Agencies on Aging (AAA)[Area Agencies on Aging](https://protect-us.mimecast.com/s/gPgXC0RPo9ulj1KtLQw4o?domain=n4a.org/) is a network of over 620 organizations across America servicing local seniors (60+). Most of the agencies serve a specific geographic area of several neighboring counties, although a few offer services statewide. Each Area Agency on Aging provides valuable information and assistance with programs that can help seniors.Many Of the Typical Programs In Each Area Include:* Nutrition and meal programs (counseling, home delivered or group meals)
* Caregiver support (respite care and training for caregivers)
* Information about assistance programs and referrals to administrators
* Insurance counseling to seniors (to help understand and maximize the benefits of their insurance such as Medicare)
* Transportation (information about coordinated shared, non-medical transportation services)
* In addition, several agencies can assist families to complete applications for programs such as Medicaid, respite care, and certain veterans’ programs. As well, they may also have case management services to seniors in the area.

The National Association of Area Agencies on Aging has a website where you can find the location of your local AAA.6. National Institute on AgingThe [National Institute on Aging (NIA)](https://protect-us.mimecast.com/s/PwonCgJNDkIn8MrTKu_l9?domain=nia.nih.gov/) is under the National Institute on Health and is actively dedicated to conducting research on aging as well as the health and well-being of older individuals.The NIA is an important resource when it comes to health topics for the elderly and has helpful information and news regarding the nature of aging and the aging process, as well as diseases and conditions associated with growing older.The NIA also runs a program called [*Go4Life*](https://protect-us.mimecast.com/s/kOBsCjRNgnukgW2TM4XoI?domain=go4life.nia.nih.gov/), which is a great tool for seniors at home in starting an exercise and physical activity routine. It’s designed to help adults 50+ incorporate exercise and physical activity into their daily lives by providing helpful information, videos, and tips.7. Meals on Wheels[Meals on Wheels](https://protect-us.mimecast.com/s/dB5oCkRNjouZgx7hD4T25?domain=mealsonwheelsamerica.org/) known to most people is a meal program across America. In fact, it operates in just about every community, through more than 5,000 independently-run local programs. Each community runs its Meals on Wheels based on the needs and resources of their communities, but they are all dedicated and focused on providing seniors with nourishing and healthy meals in their own homes.8. Health Finder[Healthfinder](https://protect-us.mimecast.com/s/fyemClYNkptDLQyuLkZ8Q?domain=healthfinder.gov/) is a service under the U.S. Department of Health and Human Services. This website provides links to helpful health-related websites, support, and self-help groups, in addition to as government agencies and nonprofit organizations that assist seniors.9. Guide to Long-Term Care for VeteransFor senior veterans living at home and enrolled in the VHA health care system, the [Guide to Long Term Service and Supports](https://protect-us.mimecast.com/s/qKo9CmZg0EhGvOZsVvPaP?domain=va.gov) can provide helpful guidance to resources and information about long-term care.Their website explores the various home and community-based and residential care available to aging veterans. It provides information on available programs, as well as helpful tools, and information about how to stay healthy as you age.10. The National Directory of Home Modification and Repair ResourcesThe [National Directory of Home Modification and Repair Resources](https://protect-us.mimecast.com/s/uZhKCn5jmzhQn8zc4Cjn-?domain=homemods.org/) is a useful resource when it comes to finding qualified local services and professionals that can help you modify and renovate your home. At some point, seniors aging at home will need to make adjustments to allow for better mobility and access as part of ensuring a safe and practical home environment. 11. Other resources:**Give Your Loved Ones The Best Care**Caring for parents as they age is never easy. The help from home care services allows you to maintain your relationship while providing the best care possible. [**Find Caregivers**](https://protect-us.mimecast.com/s/P5W4Cv2rxjIovQGh0qvNy?domain=aginginplace.org/)**Sources:**[*www.homemods.org/directory/index.shtml*](https://protect-us.mimecast.com/s/fPuICxkwzlsKZYyuPokWn?domain=homemods.org)[*www.va.gov/GERIATRICS/Guide/LongTermCare/index.asp*](https://protect-us.mimecast.com/s/tl1tCzpy4nIvK53hYqFnP?domain=va.gov)[*www.healthfinder.gov*](https://protect-us.mimecast.com/s/EZg0CBBjXnI3vY1hGbw7d?domain=healthfinder.gov)[*www.n4a.org*](https://protect-us.mimecast.com/s/gPgXC0RPo9ulj1KtLQw4o?domain=n4a.org)[*www.eldercare.gov*](https://protect-us.mimecast.com/s/h9IlCG6oX9FowvmhvoiyF?domain=eldercare.gov)[*www.PACE4You.org*](https://protect-us.mimecast.com/s/TsWHCKrv76I0LVlHgpww2?domain=pace4you.org)[*www.aarp.org*](https://protect-us.mimecast.com/s/_sXdC684x0IxX5EHmkHD2?domain=aarp.org)[*www.ncoa.org*](https://protect-us.mimecast.com/s/ksyzC5yXwWHOABouORI2H?domain=ncoa.org)12. AgingInPlace.org Website and articles:* [9 out of 10 people want to age at home](https://protect-us.mimecast.com/s/4nKTCo2knOIJkOMHJYeRm?domain=aginginplace.org/)
* [Comfort Living: Why It Is Okay To Age At Home](https://protect-us.mimecast.com/s/-4JmCpYloztP5YGTqeq6e?domain=aginginplace.org/)
* [Tips And Tricks For Successful Senior Independent Living](https://protect-us.mimecast.com/s/H2b0Cqxmp2sG9qDs7pVO5?domain=aginginplace.org/)
* [How To Protect Yourself From Medicare Fraud](https://protect-us.mimecast.com/s/B2W-CrknqYsXxgpTYgrGy?domain=aginginplace.org/)
* [**Medical Alert Systems Covered By Medicare**](https://protect-us.mimecast.com/s/eySvCNkyK8s1o4AuoXEPP?domain=aginginplace.org/) - Medical alert systems can save lives, but Original Medicare doesn’t cover them
* [**Widex Hearing Aids Review**](https://protect-us.mimecast.com/s/kQ-NCOYzXZto3WJhyaqEF?domain=aginginplace.org/) - Widex is one of the top hearing aid manufacturers in the world, but does it deserve your time, attention, and money? Learn more about the brand, its models and features, prices, pros and cons, and more to decide if they’re right for you.
	+ [**Five Reasons You Should Keep Visiting Independent Living Communities**](https://protect-us.mimecast.com/s/GG1SCPNAKYFqQpOhYWgO9?domain=aginginplace.org/)
	+ [**CAREGIVING**](https://protect-us.mimecast.com/s/CKEZCQWBKOum708IXMHbH?domain=aginginplace.org/)**- You don’t have to do it alone. AgingInPlace.org provides Information to help in reviewing and choosing Home Care options, and Reviews of Home Care services.**
	+ [**GUIDE**](https://protect-us.mimecast.com/s/gPS6CR6DKLF8N2JfDAoq0?domain=aginginplace.org/) – AgingInPlace.org provides reviews and information for Senior Care equipment and other items about aging safely and comfortably.
	+ [**Everything You Want to Know About Senior Independent Living**](https://protect-us.mimecast.com/s/OH13CW6XK8Fv0J2hDVkf5?domain=aginginplace.org/)
	+ [**Independent Living Solutions For Those Wanting To Age At Home**](https://protect-us.mimecast.com/s/Xs92CVOK2Nu1MG7uqo68k?domain=aginginplace.org/)
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| **Massachusetts** **Municipal Resources** |
| [Seniors](https://protect-us.mimecast.com/s/9YLZC31Pr9IVZnwcg1FCli?domain=mass.gov) | The Commonwealth offers a number of services to help seniors stay healthy, independent, and engaged in their communities. Learn more about programs here. |
| [Councils on Aging & Senior Centers](https://protect-us.mimecast.com/s/o1CDC4xPv9sGrXysOOk1LE?domain=mass.gov) | Councils on Aging are the 350 municipal agencies that provide local outreach, social and health services, advocacy, information and referral for older adults, their families and caregivers. |
| [Executive Office of Elder Affairs (EOEA](https://protect-us.mimecast.com/s/K3bCC5yXwWHOABouzOc3J2?domain=mass.gov)*)* | Promotes independence, empowerment, and well-being of older people, individuals with disabilities, and their families. We ensure access to the resources you need to live healthy in every community in the Commonwealth. |
| [Department of Transitional Assistance seniors](https://protect-us.mimecast.com/s/Cr8bC684x0IxX5EHpmNF4Z?domain=mass.gov) | The Department of Transitional Assistance (DTA) has created a SNAP application that is specific to your needs. This is called the SNAP Application for Seniors. To apply for SNAP benefits, use that application. In addition to meeting your basic need for food and/or cash assistance, we want to help improve your quality of life. |
| [Central Massachusetts Agency on Aging, Inc. (CMAA](https://protect-us.mimecast.com/s/fKn4C732yAt9LDvc8NhmxZ?domain=seniorconnection.org/)*)* | Located in the heart of the Commonwealth for over 45 years, CMAA has been the leader in providing information and resources to older adults and caregivers in the 61 cities and towns in Central Massachusetts. |

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| ***Grant Sources*** |
| **International Paper Company Foundation****Deadline** September 15, 2022 **Maximum Grant Amount** not specified [View Details](https://protect-us.mimecast.com/s/_-41C2kQq9sA7Mvuojy3X?domain=grantgopher.com) **Boston Foundation - COVID-19 Response Fund****Deadline** NONE **Maximum Grant Amount** not specified [View Details](https://protect-us.mimecast.com/s/1JFLC820z9Ix9olHnoJ3gU?domain=grantgopher.com) **Greater Worcester Community Foundation - COVID-19 Response Fund****Deadline** NONE **Maximum Grant Amount** not specified [View Details](https://protect-us.mimecast.com/s/_SwiC9rPA2IP8GvTo1FuR-?domain=grantgopher.com) |