

COVID -19 Basics

Using information from the CDC (Centers for Disease Control and Prevention) below we've provided basic instructions about COVID – 19.

What is the Coronavirus? (COVID – 19)

A novel coronavirus is a new coronavirus that has not been previously identified. The virus causing coronavirus disease 2019 (COVID-19), is not the same as common coronaviruses that cause mild illness, like the common cold.

Patients with COVID-19 will be assessed and cared for differently than patients with common coronavirus diagnoses.

Source: CDC.gov

What are some of the symptoms?

Reported illnesses have ranged from mild symptoms to severe illness and death for confirmed coronavirus disease 2019 (COVID-19) cases. The following symptoms may appear 2-14 days after exposure: Fever, Cough, Shortness of Breath.

Source: CDC.gov

Who is at risk?

Older adults; people who have serious chronic medical conditions like: Heart disease, Diabetes, Lung Disease

If you are at higher risk for serious illness from COVID-19 because of your age or because you have a serious long-term health problem, it is extra important for you to take actions to reduce your risk of getting sick with the disease.

If COVID-19 is spreading in your community, take extra measures to put distance between yourself and other people to further reduce your risk of being exposed to this new virus.

How does the Coronavirus spread?

The Coronavirus has been seen to spread mainly from person-to person this can include:

- Between people who are in close contact with one another (within about 6 feet).
- Through respiratory droplets produced when an infected person coughs or sneezes - These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.

Source: CDC.gov