COVID-19 Basics

Using information from the CDC (Centers for Disease Control and Prevention) below we’ve provided basic instructions about COVID – 19.

**What is the Coronavirus? (COVID – 19)**

A novel coronavirus is a new coronavirus that has not been previously identified. The virus causing coronavirus disease 2019 (COVID-19), is not the same as common coronaviruses that cause mild illness, like the common cold.

Patients with COVID-19 will be assessed and cared for differently than patients with common coronavirus diagnoses.

Source: CDC.gov

**What are some of the symptoms?**

Reported illnesses have ranged from mild symptoms to severe illness and death for confirmed coronavirus disease 2019 (COVID-19) cases. The following symptoms may appear 2-14 days after exposure: Fever, Cough, Shortness of Breath.

Source: CDC.gov

**Who is at risk?**

Older adults; people who have serious chronic medical conditions like: Heart disease, Diabetes, Lung Disease

If you are at higher risk for serious illness from COVID-19 because of your age or because you have a serious long-term health problem, it is extra important for you to take actions to reduce your risk of getting sick with the disease.

If COVID-19 is spreading in your community, take extra measures to put distance between yourself and other people to further reduce your risk of being exposed to this new virus.

**How does the Coronavirus spread?**

The Coronavirus has been seen to spread mainly from person-to person this can include:

- Between people who are in close contact with one another (within about 6 feet).
- Through respiratory droplets produced when an infected person coughs or sneezes - These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.

Source: CDC.gov