

31st Annual MAFP Family Medicine Update

Thursday, May 4, 2023 – Pre-Conference Session

Registration 12:30 – 1:00 Session 1:00 – 4:00	ABFM KSA Study Group – Topic: “Hypertension” Facilitator – Francis Bellino MD, FAAFP – (**If you wish to participate in this NOT as a part of your ABFM MOC, contact MAFP office for CME credit information**)
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5:00 – 7:00 Evening Social Activity

ALL Member “Listening Session” – hosted by the MAFP BOD - Meet with your Board of Directors over a light dinner – We want to hear from you about Family Medicine here in Maine!

Friday, May 5, 2023

7:00 – 8:15	Breakfast Available/Registration Open
8:05 – 8:50	Shared Medical Appointments for Improving Health: “Cooking with your doctor” – Alyssa Finn, MD – This session will instruct in various applications for Shared Medical Appointments; recruitment of patients for participation in Shared Appointments; structuring of appointments using example of 2 hour appointment with cooking as an example; how to code and bill for Shared Appointments.
8:55 – 9:40	Environmental Health – Barbara Moss, DO, MPH, FACOFP – Objectives include: 1) Discuss the Environmental Challenges of pts in Maine (Arsenic, Radon, PFAS); 2) Review options for taking environmental health history in primary care setting; 3) provide practical & integrative approaches for patient’s Environmental Health (e.g. how to avoid phthalates or BPA).
9:45 – 10:30	Update on the Treatment of the Disease of Obesity – Peter Amann, MD – Objectives include: 1) To recognize & approach Obesity as a chronic disease; 2) Appropriate evaluation & workup; 3) Develop treatment approach including lifestyle, medication and surgery.
10:30 – 10:50	Break to change to Concurrent Breakout sessions
10:50 – 12:20	CONCURRENT BREAKOUT SESSION #1: (attend one)
	B1: POCUS – SCAN TIME! – Sarah Irving, MD & Duska Thurston, MD – This hands-on session will provide opportunity to develop basic skills: 1) in ultrasound scanning probe orientation & manipulation to obtain images; 2) in cardiac & lung POCUS. <i>*this session repeats during Breakout Session #2 at 3:40**</i>
	B2: OMM for Family Physicians – Raghu Kanumalla, DO, MPH – Participants in this hands-on session will 1) Learn to identify appropriate indications for the use/referral OMM; 2) Understand and perform basic OMM techniques for common presenting concerns in a FM setting. <i>*this session repeats during Breakout Session #2 at 3:40*</i>
	B3: Geriatric – This Breakout includes 2 Didactic Topics: 1) Driving and Older Adults – Lauren Hall, DO – Following this session participants will be able to: 1) Assess driving safety in patients with known or suspected cognitive impairment; 2) Be familiar with the procedure for reporting potential unsafe drivers to BMV; 3) Discuss retiring from driving with patients & their families. 2) Falls in Older Adults – Carlen Smith MD, CAQ Geriatric Medicine – Participants will learn to: 1) Recognize risk factors that predispose older adults to falls; 2) Consider risk reduction strategies in the management of falls in older adults.
12:20 – 1:45	LUNCH & NETWORKING

1:45 – 2:30	Dermatology Update for Family Physicians – Peggy Cyr, MD – Objectives: 1) Review any new pharmaceuticals available for common dermatologic problems; 2) Case-based learning of some skin conditions seen in Primary Care; 3) Discuss biologics for Psoriasis.
2:35 – 3:20	Treatment Planning for Different Types of Dementia – Cliff Singer, MD – Objectives: 1) Learn the basic components of a dementia treatment plan; 2) Discuss relevant clinical criteria affecting prognosis; 3) Be able to state differences in treatment of common types of dementia.
3:20 – 3:40	Break to change to Concurrent Breakout sessions
3:40 – 5:10	CONCURRENT BREAKOUT SESSION #2: (attend one)
	B4: POCUS – SCAN TIME! – Sarah Irving, MD & Duska Thurston, MD – this is a repeat of Session #1.
	B5: OMM for Family Physicians – Raghu Kanumalla, DO, MPH this is a repeat of Session #1.
	B6: Didactic Session: Building on TADA: Expanding Dermoscopy Skills for Family Physicians – Peggy Cyr, MD – This session will: 1) Review the elements of the TADA Dermoscopy Algorithm; 2) Expand knowledge of Dermoscopic features of basal cell & squamous cell carcinoma and melanoma.
Evening Social Activities:	
	I – Bowling at “Bayside Bowl” – Advance Registration Required – Get active after a day of education! Includes shoe rental and refreshments.
	
	OR:
	II – Plan to make reservations for dinner with colleagues or on your own at one of Portland’s eateries!
	

Saturday, May 6, 2023

6:15 – 7:30	Physician Wellbeing - Early Bird Activity: 5K Fun Run/Walk/Bike – An energizing start to the day! Meet in the lobby of the main hotel building OR Hotel Swim/Exercise Room on your own
7:00 – 8:15	Breakfast Available/Registration Open
8:15 – 9:00	Asthma: Evidence-based Prescribing Update – Elisabeth Fowlie Mock, MD, MPH, FAAFP – This session will update participants on: 1) Categories of medications used in treating asthma; 2) Applying the newer recommendation for nearly universal inhaled corticosteroids; and 3) Review step-wise asthma therapy. <i>*This program has been developed by Maine Independent Clinical Information Service (MICIS)*</i>
9:05 – 9:50	Heart Failure – the New and the Old – Esther Shao, MD, PhD – This session will: 1) Review work up of patient with new & recurrent heart failure; 2) Provide understanding of basis for guideline directed therapy both systolic & diastolic failure; 3) Updates about the latest evidence-based treatments & potential new modalities for treatment.
9:50 – 10:05	Break

10:00 – 10:45	Health Equity: Resources to Address Health Equity in Family Medicine – Tochi Iroku-Malize, MD, MPH, MBA, FAAFP, SFHM – Following this session participants will: 1) Be able to list the resources to learn & develop strategies for addressing social determinants of health in their practice; 2) Build health equity; 3) Improve awareness of their own implicit bias; 3) Receive tips for caring for patients across various communities & backgrounds.
10:55 – 11:40	ABFM Update: What’s New to Support Your Certification Journey – Gary LeRoy, MD, FAAFP – This session will: 1) Discuss issues related to Professionalism in Family Medicine; 2) Articulate recent improvements to the certification process & activities, longitudinal assessment alternative to the 1-day exam, new self-assessment options & other relevant, seamless ways to meeting PI requirement; 3) Describe the purpose & value proposition underpinning continuous board certification; 4) How to utilize MyABFM Portfolio & more!
11:40 – 1:30	LUNCH & ANNUAL BUSINESS MEETING (including AAFP Fellowship Convocation, remarks by AAFP President – Tochi Iroku-Malize, MD, MPH, MBA, FAAFP, SFHM, Installation of new members of Board of Directors, Consideration of and vote on Bylaws changes)
1:30 – 1:40	Break to change over General Session Room
1:40 – 2:25	HCV Treatment Updates – Adam Normandin, MD & Carlyse Schenk, PharmD, BCIDP – Participants will: 1) Learn the pre-treatment HCV workup; 2) Be able to choose & counsel patients on the appropriate medication; 3) Know when to refer.
2:30 – 3:15	OPEN for Emerging “Hot Topic”
3:20 – 4:20	Top Evidence-based Medicine Updates – 2023 – Frank Domino, MD – Dr. Domino presents his always popular AAFP FMX (AAFP Family Medicine Experience) session in person where he challenges participants to consider practice changing EVB data that can be applied to their clinical practice the very next day.
4:20pm	Wrap-up & Adjourn

Sunday, May 7, 2023 – Post Conference Session

8:00 – 12:00	Opioid Education Session – (*This program meets the Maine State Board of Licensure Renewal Requirements for Opioid CME*) 8:00 – 8:30 – Registration & Breakfast 8:30 – 9:30 – Session 1: Using Data to Improve Opioid Prescribing – Elisabeth Fowlie Mock, MD, MPH, FAAFP – Learning objectives: 1) Use the PMP as a tool to improve prescribing; 2) Review data & resources at Maine Drug Data Hub; 3) Support and participate in harm reduction. <i>*This program has been developed by Maine Independent Clinical Information Service (MICIS)*</i> 9:45 – 10:45 – Session 2: Treatment of MOUD – Kristen Silvia, MD 10:45 – 11:45 – Session 3: Opioid CSS Program – Noah Nesin, MD, FAAFP & Kris Raven, PharmD 11:45 – 12:00 – Wrap-up and Evaluation
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Maine Academy of Family Physicians
PO Box 424
Hartland, ME 04943

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31st Annual Family Medicine Update May 4 – 7, 2023

CME Planned by Family Physicians for Family Physicians

May 4th – 1:00 – 4:00pm
ABFM KSA Study Group - Hypertension

May 4th – 5 – 7pm
All Member “Listening
Session” with MAFP Board
(includes light dinner)



May 5th & 6th – All Day
MAFP 31st Annual Family Medicine Update
CME Sessions

May 7th – 8:00 – 12:00pm
Post-Conference Session “Opioid Education”

May 5th – Evening
Family-friendly activity – Bowling!

OR

Dinner on your own at one of Portland’s
many eateries

May 6th – 11:40am – 1:30pm
Luncheon & MAFP’s Annual Business Meeting



Register on line (through link) with
credit card payment at:
<http://www.maineafp.org/calendar> or
with a check using the enclosed printed
registration form



General Information:

The 31st Annual MAFP Family Medicine Update is presented by the Maine Academy of Family Physicians to provide ongoing quality education for family physicians through didactic lectures & breakout sessions on practical subjects.

The Conference Location:

DoubleTree by Hilton Portland, 363 Maine Mall Rd, South Portland, Maine

Overnight Rooms:

The MAFP has reserved a block of rooms at the *DoubleTree* at the special rate of \$129/single or double. For other rates (suites, etc.), please call the hotel directly. **Rates are valid May 4 – 7, 2023.** These **room rates are guaranteed to be available only until April 4th**, after that call hotel for availability.

Please make your own hotel reservation directly with the *DoubleTree* by calling: 1-800-774-1500. *Special rates must be requested at the time of reservation.*

On-Line Registration: Check maineafp.org for latest LINK or call MAFP office for information

Registration Refund Policy:

A full refund less a \$45 administrative fee will be issued to prepaid registrants unable to attend when requested in writing. Refund requests must be in writing.

****Request Deadline – postmarked or emailed by April 19, 2023***

Child Care:

The MAFP discourages bringing children into educational events because it could be a distraction to the attendees' learning experience. Please make arrangements for your own individual childcare. Children & adult guests are welcome at meals and Friday's Bowling event– see registration form for guest ticket prices.

Special Accommodations:

If you have any physical or other dietary requirements that may require accommodations in order to fully participate in this activity, please call the MAFP office **NO LATER THAN April 1, 2023.**

If you need further information please contact:

Maine Academy of Family Physicians

PO Box 424, Hartland, ME 04943

Phone: 207-938-5005

Email: maineafp@tdstelme.net

CME Accreditation:

Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.** (Please call MAFP office for more information)

MAFP Planning Committee:

Silwana Sidorczuk MD, FAAFP, Chair, Madawaska

Armand Auger MD, Fairfield

Susan Cheff MD, Bangor

Deborah Halbach, MAFP Exec. Director

Frank Bellino MD, FAAFP, Portland

Laura Horowitz, Ellsworth