



# REC RAMBLERS TRACK AND FIELD



Once again, this summer the Winthrop Rec Ramblers Track and Field club will participate in the Summer USA Track and Field program. The team is for any Girl or Boy age 7 to 14 who would like to be a part of a Track Team. You can be an experienced participant or just wanting to try out running a race, throwing a shot put, or doing the high jump. Our program offers great flexibility. If you are going to be out of town for a week, it is no problem to miss a meet.

This year we are going to hold 2 practices per week to promote more team building.

*Practices will be Monday and Wednesday mornings  
from 9:00am to 10:30am .*

We do not use buses and hope parents will help in carpooling to meets.

**MEET SCHEDULE IS NOT AVAILABLE AT THIS TIME  
WE WILL PRINT ONCE IT IS AVAILABLE**

**You must register and become a USATF Member**

**[This link will get you to registration](#)**

**[LINK TO USA TF MEMBERSHIP](#)**

**FEE \$40.00** (Includes USA TF Registration, and Meet Fees, **Does Not** include Team Shirt)