

# Mt. Blue High School Winter Athletics 2020

- ❑ Boys & Girls Basketball
- ❑ Competitive Cheering
- ❑ Girls & Boys Alpine Ski
- ❑ Boys & Girls Nordic Ski
- ❑ Wrestling



# FACTS



- ❑ Masks worn at ALL TIMES
- ❑ NO spectators at any contests
- ❑ 50 & 100 indoor/outdoor capacity
- ❑ Currently “Yellow” county (No afterschool activities) 5 counties currently
- ❑ Wrestling moved to Feb. 22 start
- ❑ No basketball or cheer tournaments

# DATES

- ❑ Dec. 7 - “Skills & Drills” - Individual & physically distanced (NO intrasquad competition)
- ❑ Dec. 14 - Practices & Competitions within teams
- ❑ Jan. 11 - Competition among teams in geographic area

# OTHER INFORMATION

- ❑ MPA using Community Sports Guidelines created by Dept. Econ. and Com. Dev.
- ❑ Teams would play  $\frac{2}{3}$  of games
- ❑ Must play in county or in adjacent county
- ❑ Live-streaming option
- ❑ Begun sign-ups for interested kids

# CONCERNS

- ❑ Sports guidelines contradict district guidelines (physical distance)
- ❑ Transportation = 28 max on district bus
  - ❑ Aggregate time, windows, restrictions
- ❑ Traveling to other schools/communities
  - ❑ Less safe than when here
  - ❑ Guideline control
- ❑ Indoor activities & spike in cases

# PROCESS

- 1) MPA Committees develop sport specific guidelines
- 2) Reviewed by state agencies & other groups (DHHS, DOE, Gov. Office, MSSA, etc.)
- 3) Submitted to MPA Sports Medicine Com.
- 4) Moved to MPA Interscholastic Management Committee
- 5) Released to schools & public

# SPORT SPECIFIC GUIDELINES

## Basketball

- 12 game maximum
- Arrive ready to play
- Distancing of refs during inbounds & foul shots
- No jump ball
- All time outs 60 sec.
- Stay on bench for halftime
- Discourage cheering/yelling, high-five, hugs, etc.
- Mouth guard stays in
- No pre/post-game handshakes
- No pre-game introductions

## Cheer

- Gloves are permitted
- Stunt groups should be cohorted
- Jumps/tumbles should be independent
- No pyramids
- No vocalization during practice or competitions

# SPORT SPECIFIC GUIDELINES

## Alpine

- ❑ Use of online registration and entry pay
- ❑ Expand start area
- ❑ Course Inspection
  - ❑ 6 ft.
  - ❑ Only with own team
- ❑ No use of venue for shelter
- ❑ Buses used for warming. No eating or drinking.
- ❑ Expanded finish corral.
- ❑ No result board. 24 hr. protest

## Nordic

- ❑ (Same as Alpine except course inspection)
- ❑ No mass start
  - ❑ Interval or 5 person max wave
- ❑ Course must be 6 meters wide
- ❑ Try not to collapse. Disperse



# UPDATED WINTER SPORTS

## INFORMATION

- ❑ Franklin County ~~“Green”~~ Mid-day 12/4/20
- ❑ Moderate Risk Sports (basketball & comp. cheer)
  - ❑ Level 1 practice phase (6ft. Individual “skills & drills”) extended to Dec. 7 - 31 (Previously Dec. 7 -11)
  - ❑ Level 2 & 3 practices (intrasquad scrimmage) begin Jan. 4 2:30 PM 12/4/20
- ❑ Lower Risk Sports (alpine & nordic unchanged)
- ❑ First regional competitions Jan. 11 (unchanged)

## UPDATE (CONT.)

- ❑ Comp. Cheer - virtual KVAC & States
- ❑ Alpine & Nordic - KVAC Champ. Scheduled
  - ❑ Alpine - March 2 (girls) & 3 (boys) @ Black Mt.
  - ❑ Nordic - March 3 (girls) & 10 (boys) @ Titcomb Mt.

(No state championship scheduled at this time)

# SPORTS PHYSICALS

Physical every two years

Consent Form (parents and students sign)

Report of Injuries/illness

Medical History Questionnaire

Cleared by the Health Office

# Eligibility Recommendation

## Current Status for Winter Sports

- Based on cumulative course score (60 or higher) and Meets-Partially Meets on all Habits of Work.
- Report for eligibility is run at the end of the quarter and is cumulative.
- Example, for the winter sports season we would use Quarter 1 grades.

## Recommended Status for Winter Sports

- Adjust Winter eligibility to be based off of cumulative Quarter 2 grades.
- Notify all students who are currently not eligible, to work towards being eligible by the end of Quarter 2 (January 15th).
- Example, for the winter sports season, we would use the cumulative grades (Semester 1).