

VENDING MACHINE REGULATIONS

Good nutrition provides the foundation for student growth, development and learning. Many children consume at least one-third of their daily food intake in the school setting. Having healthy foods available contributes to better nutrient intake and more appropriate levels of caloric consumption. Healthy eating can improve academic performance, attendance, mood, alertness and behavioral issues.

In order to model healthy food choices and establish consistency with health and nutrition information, taught in the classroom, the sale of soft drinks and other foods as defined below in all vending machines is restricted in the MSAD #9 Schools.

Vending Machines shall be restricted to sales of the following beverages:

- Plain and Flavored Water
- 100% fruit or vegetable juice
- Skim or 1% or less plain and flavored milk
- Power drinks that meet the 5 percent rule

Foods that provide at least 5% of the recommended daily intake (RDI) for one of the eight specified nutrients per 100 calories, and at least 5% of the RDI for one of the eight specified nutrients per serving. The eight specified nutrients are protein, vitamin A, vitamin C, niacin, riboflavin, thiamin, calcium, and iron.

Responsibilities

1. The building principal, in consultation with the Director of Food Service, shall monitor compliance with the vending machine policy.
2. Revenues and expenses derived from the vending machines other than those maintained by the school nutrition program shall be the responsibility of the building principal.
3. The building principal shall report all vending machine revenues and expenditures to the Business Manager.

Exceptions:

Vending machines located in teacher's rooms.

Cross Reference: EFDA Restrictions on sale of food.

Adopted: February 28, 2006

Reviewed: March 31, 2009