

**EXCLUSIONS AND EXEMPTIONS FROM PHYSICAL EDUCATION**

Long Term Waiver

A student may request a waiver for up to one school year from physical education upon the written recommendation of the student's physician. All written recommendations must be approved by the principal and the physical education teacher. (Renewed Annually)

Temporary Waiver

A written waiver by a physician will be the customary method of excusing students from physical education classes. Duration of the waiver should be indicated.

There will be occasions when students will be waived from strenuous activities on a temporary basis. A student's parent/guardian may request the student be excused from physical education class. The request must be in writing and state the reason. A parent/guardian conference with the teacher and the principal may be required.

Students in grades 9-12 with a temporary waiver will be expected to make up class time.

Cross Reference: IKF - Graduation Requirements

Adopted: September 1986  
Reviewed: February 1995  
Reviewed: June 4, 2002  
Reviewed: November 17, 2009  
Revised: October 11, 2016

