

PHYSICAL EXAMINATIONS OF STUDENTS

The Board is aware of the relationship between student health and success in school. Recognizing that parents/guardians bear the major responsibility for attending to the health needs of their children and that the school system has an interest in the well-being of its students, the Board adopts the following policy.

A. Physical Examinations and Screenings

Parents/guardians shall be encouraged to have their children physically examined prior to entering school and at least every two years. Dental examinations shall also be encouraged.

Vision, hearing, and scoliosis screenings will be conducted as required by Maine law. Parents will be notified of any suspected health problems identified through screening and encouraged to follow-up with their primary care provider.

School staff are encouraged to be alert to the general well-being of students and should refer any concerns to the building principal and/or school nurse. Parents are encouraged to notify the school nurse of changes in a student's health.

B. Participation in Athletics

Students who wish to participate in middle school or high school athletics are required to have a physical examination and medical approval before doing so. Students participating in athletics must have a physical examination on a schedule recommended by their health care provider, but not less frequently than once every two years. A student will not be allowed to participate in practice or competition without the required physical examination and medical approval. A copy of the current medical approval form will be kept in the student's health record.

Legal Reference: 20-A M.R.S.A. §§ 6402-A, 6451-6453
20 U.S.C. § 1232h(c)

Cross Reference: JLCB - Immunization of Students

Adopted: February 8, 2005
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