



*2021 – 2022*

**Student/Parent  
Handbook**

Due to the Covid 19 pandemic,  
Content in this handbook may/will be  
Modified for health and safety reasons.

An additional Covid 19 Handbook will  
Be available very soon and will be  
Linked/attached to ALL handbooks.

Thanks for your understanding during this  
Unprecedented time in our history.

## Message from MBHS Principal

Welcome to Mt. Blue Campus for the 2021-22 school year. Our main goal is to prepare students for college and careers after they leave Mt. Blue Campus. We will focus on learning targets and standards and will support you in creating a unique and integrated learning pathway through your secondary school experience. In addition to the programming offered at Mt. Blue High School, you will be able to choose to participate in a variety of offerings at Foster Career and Technical Education Center, as well as enroll in Central Maine Community College and Franklin County Adult Basic Education courses. Our caring and professional staff members are excited and look forward to working with you. In addition, we offer many extra-curricular and co-curricular activities to enhance your learning experiences. We look forward to collaborating with you and your family during these next four years and hope to make this a positive learning experience.

Sincerely,

Monique Poulin  
Principal  
Mt. Blue High School

### **MISSION STATEMENT (MT. BLUE HIGH SCHOOL)**

Mt. Blue High School will provide diverse, demanding and high quality educational opportunities within a safe environment to ensure all students value learning, achieve their potential, and become responsible citizens.

Students will acquire knowledge of and demonstrate essential skills in academic, artistic and technical disciplines, problem solving, wellness and social interactions through challenging, individually oriented educational program.

Please refer to the following website and links for additional information:

[www.mtbluersd.org](http://www.mtbluersd.org).

### **SPECIFIC POLICY REVIEW**

Specific policy numbers mentioned in this handbook can be found on our district web site at: <http://www.mtbluersd.org/district-information/school-board/policy-manual>

**Please also review the information located in the  
MT. BLUE CAMPUS HANDBOOK**

MT. BLUE HIGH SCHOOL  
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## GRADUATION REQUIREMENTS ([Policy IKF](#))

Before entering high school, students need to know the standards for attaining a high school diploma in order to plan an appropriate, sequential, educational program to meet that goal.

The Superintendent, through the high school principal or other designee, shall be responsible for making accurate information concerning diploma requirements available to incoming students and their parents prior to the start of their ninth grade school year, and as soon as practicable when there is of any change in State-imposed standards that must be met before students may be awarded a high school diploma. A copy of this policy will be disseminated to all incoming ninth grade students at the time of course selection and will also be included in every edition of the high school student handbook.

The school unit's instructional program is aligned with the standards of Maine's system of Learning Results. A diploma from Mt. Blue High School signifies that the graduate has completed the requirements described in Maine law and Board policy and that he/she is ready to enter a postsecondary educational program or a career as a clear and effective communicator, a self-directed and life-long learner, a creative and practical problem solver, a responsible and involved citizen and an informed and integrative thinker.

Students earn credits toward graduation through successful completion of courses/ learning experiences as specified in this policy.

For the duration of the school year, students must be enrolled in the equivalent of 6 credit bearing courses to be considered a full-time student.

The Board has approved the following schedule of minimum requirements for graduation, which includes requirements specified by the State of Maine.

The Board expects the Superintendent/designee to inform students and parents as soon as practicable of any additional State-imposed standards that must be met before students may be awarded a high school diploma.

### I. Academic Requirements for a Mt.Blue Regional School District Diploma A. Credit Requirements

1. The student must successfully complete a total of 24 credits. Students must achieve a minimum cumulative course score of 60 and meets-partially meets on all content standards.

#### a) Academic Benchmarks by year

(1) 6 Credits at the end of the freshman year;

(2) 12 Credits at the end of the sophomore year; and (3) 18 Credits at the end of the junior year.

2. Student grade-level status will be assessed at the end of each year. Students who have not met their credit benchmarks will meet with a school counselor to create a plan to meet the following year's benchmarks.

3. Students entering their fourth year of high school should have attained

eighteen credits. If students do not have eighteen credits by the end of their junior year, they must meet with their school counselor to be assisted in the creation of a graduation plan and submit it to the principal for approval.

2. The student must successfully complete a total of 24 credits.

1. English Language Arts: (4) credits to include Grades 9, 10, 11, one-half

English elective at any time and during their senior year, either British

Literature, Senior Seminar, or Technical English.

2. Mathematics: (3) credits.

3. Social Studies: (3.5) credits to include Grade 9, 10, 11 (U.S. History), and

grade 12 .5 credit Economics.

4. Science: (3) credits to include Earth Science, Biology, and at least

one-half credit each of Chemistry and Physics. Earth Science may be replaced with another full-year science class for students in the Chinese Dual-Diploma Program.

5. Visual and Performing Arts: (1) credit.

6. Health: (.5) credits.

7. Physical Education: (1.5) credits.

8. Career and Educational Development: (.5) credits.

3. The remaining courses/learning experiences may be selected by the student based on his/her interest, satisfaction of course prerequisites, and requirements of the field that he/she plans to enter upon graduation.

## II. MULTIPLE PATHWAYS: ALTERNATIVE METHODS OF EARNING CREDITS A.

Students may also opt to earn credits toward a high school diploma through

multiple additional pathways including:

1. Early college/dual enrollment courses
2. Career and technical education programming
3. Online/virtual learning
4. Apprenticeships, internships, and/or field work
5. Community service
6. Exchange programs

7. Independent study
8. Alternative education
9. Adult education

Each pathway must provide a quality learning experience comparable in rigor to the school unit's own educational offerings.

In order to pursue one or more of the multiple/alternative pathways (excluding CTE Programming, early college/dual enrollment courses, and alternate education), a student must have a plan detailing how the pathway will provide exposure to the content standards of the Learning Results and/or the Guiding Principles and how the student will demonstrate achievement of the standards. The plan must be approved by the School Counselor, Department Coordinator (as necessary), and Principal.

### III. STUDENTS RECEIVING SPECIAL EDUCATION SERVICES

All secondary students must achieve the content standards of the parameters for essential instruction of the system of Learning Results and graduation requirements established pursuant to Maine law. A student with a disability, as defined in 20-A MRSA § 7001(1-B) who satisfies the local diploma requirements in the manner specified by the student's IEP must be awarded a high school diploma.

### IV. STUDENTS IN DUAL ENROLLMENT CAREER AND TECHNICAL EDUCATION PROGRAMS

A secondary student who has satisfactorily completed his/her junior and senior years in a dual enrollment career and technical education program formed pursuant to 20-A MRSA §6971-6975 may be eligible to receive a high school diploma from Mt. Blue High School, although the student may not meet the graduation requirements of 20-A MRSA §4722.

### V. ADDITIONAL CONSIDERATIONS APPLICABLE TO THE AWARDING OF A DIPLOMA FROM MT. BLUE HIGH SCHOOL

This section applies to all students, in all graduation classes.

#### 1. Transfer Students

For students who transfer to Mt.Blue High School from another state or from an educational program that is not required to be aligned with the content standards of the system of Learning Results, the Mt.Blue High School Principal shall determine the value of the student's prior educational experience towards meeting graduation requirements.

#### 2. Home-schooled Students

For previously home-schooled students wishing to receive a diploma from Mt.Blue High School, the Mt.Blue High School Principal shall determine the

value of the student's prior educational experience toward meeting graduation credit requirements. A homeschooled student must have attended Mt.Blue High School for a minimum of 2 semesters in their final year in order to receive a Mt.Blue High School diploma.

### 3. Delayed Awarding of Diplomas

A student who leaves Mt.Blue High School to attend an accredited, degree-granting institution of higher education may upon satisfactory completion of the freshman year be awarded a high school diploma, provided that the student has notified the principal at the time of the early admission.

## D. Early Awarding of Diplomas

A student who has met the State's and the Board's diploma requirements in fewer than four years of high school will be awarded a diploma.

### 5. Extended Study

Students are eligible for extended years of study to complete the requirements of a diploma if they have not reached the age of 20 at the start of the school year. Students eligible for extended years of study may be referred to adult education or other resources suitable to young learners. Extended study for students with disabilities shall be specified in the student's IEP.

### 6. Participation in Graduation Ceremony

A student must complete all Board requirements for a high school diploma in order to participate in graduation exercises.

### 7. Honors and Awards at Graduation

In order to be eligible for honors or awards based wholly or in part on academic achievement a student must have been enrolled full time at Mt. Blue High School during the year preceding graduation. Students who do not meet this enrollment requirement will not be "ranked" for the purpose of determining eligibility for graduation honors, awards, or scholarships.

Students will be given the following honors at graduation based on cumulative weighted GPA:

- ● Summa Cum Laude: cumulative GPA of 98.0-100
- ● Magna Cum Laude: cumulative GPA of 95.0-97.99
- ● Cum Laude: cumulative GPA of 90.0-94.99

Students will be recognized at graduation per their Latin Honors distinction. Top Students will be defined as students with a weighted cumulative GPA of



95.0 and higher at the end of the third quarter. Valedictorian and Salutatorian will also be recognized per end of school year cumulative weighted GPA.

8. Any student graduating early in January, and whose status places them as a Top Student will be recognized as such at graduation in the spring.

### **STUDENT SCHEDULE**

A student's schedule shall be developed with the student after consulting with current teachers, School Counselors, and if necessary, Department Coordinators and Principal/Assistant Principal.

### **ADD/DROP**

There will be an Add/Drop Period at the beginning of the school year and prior to the start of the second semester when students will be allowed to request changes to their schedules. Students requesting change **after the add/drop period** must first speak to their counselor regarding their request to change. If the change does not involve moving to a different ability level or moving to a completely different course, the change may take place with teacher permission. If the change request involves changing ability level, moving to a completely different course, or dropping a class, please refer to the procedures available in the school counseling office from your counselor. Please note that students withdrawing from a class after a full quarter grade has been posted will receive a "WP" or "WF" on their transcript depending on whether or not they failed or passed the class for the quarter. Level changes for the same course will be noted simply as Withdrawn (W).

### **STUDENT STATUS (full-time)**

Students shall be classified as full-time secondary students and shall be eligible for co-curricular activities when the student carries six (6) credit-bearing courses each semester. Students may take these credits at Mt. Blue High School or at the high school in combination with other approved educational classes.

Students should be advised that physical education does count as one of the six credit bearing courses. Students participating in extra or co-curricular activities must carry six (6) credit-bearing courses in order to be academically eligible.

### **ACADEMIC SUPPORT BLOCK**

**Purpose:** To provide a proactive opportunity for students to access teachers during the school day. This will allow for a dedicated time to broaden learning and support increased student success.

Activities may include but are not limited to:

- Making up missed work
- Remediation/Intervention

- Re-teaching opportunities
- Students requesting support from teachers
- Peer academic support
- Collaboration between students and/or teachers
- Enrichment and acceleration activities

**Structure:** Academic Support Block will be held Monday, Tuesday, Thursday and Friday during which time students can be tagged for academic support. We will also hold a shorter ASB on Wednesdays for the purpose of class meetings, advisor/advisee connections, paperwork, etc.

**Expectations for Students:**

- Request to be tagged by teachers as necessary for support.
- Check tagging at the end of Period 3 at the latest, prior to the Academic Support Block.
- Students are expected to participate in the support structure. Refusal to do so will be handled as it would in a class.
- Students not tagged will be expected to report to their Academic Support rooms for study hall purposes.
- Time can be used for Homeroom/Advisory purposes as necessary throughout the year. We have dedicated ASB on Wednesdays for this purpose. There will be no tagging on this day.
- We will use Adaptive Scheduler(Part of PowerSchool) as the software to manage the tagging.
- Academic tags will take priority over extra and co-curricular tags.
- Seniors who have privileges will not be required to attend ASB unless they have been tagged by a teacher for an intervention. (This is considered an instructional period.) Those who do not have privileges (those who are assigned to Learning Labs due to academic concerns) will be expected to attend ASB.
- Our expectation is that students stay in one assigned room for the duration of ASB each day. Please only allow students to go from one room to another if there are unusual circumstances. Teachers will be asked to communicate as necessary if conflicts and/or priorities arise. Teachers should communicate about this prior and send the student with a pass. Students must request any such arrangements ahead of time, and this is subject to teacher discretion.
- Our goal is to support your success and for you to broaden your learning at MBC. Please be sure to take advantage of the opportunity provided to you.

**Please let us know if you have any disability concerns regarding your child that you think should be addressed.**

ALL INCOMING STUDENTS MUST BE VACCINATED PRIOR TO ENTRY FOR THE 2020-2021 SCHOOL YEAR.

There will be NO GRACE PERIOD. All supporting paperwork must be received before students can attend the first day of school.

For further questions, please contact the Maine Immunization Program at (207) 287-3746 or (800) 867-4775 or by email at [ImmunizeME.DHHS@maine.gov](mailto:ImmunizeME.DHHS@maine.gov).

Once the vaccination requirement is complete, your provider can fax the records to the RSU9 health office at 207-778-3564. Attn: Kimberly Porter.

**Required for Kindergarten entry:**

5 DTaP (4 DTaP if 4th is given on or after 4th birthday)

4 Polio (if 4th dose given before the 4th birthday, an additional age-appropriate IPV should be given on or after the 4th birthday)

2 MMR (measles, mumps, rubella)

1 Varicella (chickenpox) or a reliable history of the disease

**Required for 7th-grade entry:**

1 Tdap

1 Meningococcal Conjugate (MCV4)

Required for 12th-grade entry:

2 MCV4, only one dose is required if the 1st dose is given on or after 16th birthday

**Student Safety and Accountability Expectations**

**All teachers issue passes-No student leaves any room without a pass.**

We will have laminated floor passes. They will be the same color and same size as regular passes for floor based needs (bathroom, copier, another classroom, etc.). Any student needing to conduct business out of their floor area will need a regular pass.

**ASB-Students must report to their ASB rooms unless tagged. Students do not leave rooms (home base or tagged room) for the entire 30 minutes.**

The ASB Guidelines will be adjusted to reflect these expectations. Academically eligible seniors with dismissal privileges will be permitted to be in the Senior Lounge areas.

**Library expectations-Two students allowed in the library from each class (to include Learning Labs).**

There may be exceptions to this if there is a group of three or four students that need to study for an exam or project together. The teacher should call to make sure space is

available. Also, the teacher may bring in his or her whole class in by setting up a time with the librarian.

Students should be coming to the library with an official pass signed by their teacher. Each student should have his/her own pass. They are expected to stay in the library for the entire period unless the pass specifies a specific time they are to return to class - for example a 10 to 15 minute pass to look for books. Students should be in the library to study, work on a class assignment, look for books, or if they need a quiet place to read. The computers are for students without their laptops and who need to complete an assignment for their teachers. Teachers should call me when they send a student in to specifically use a computer. They are not for playing games.

**There will be a restriction for frequent flyers who have a pattern of not where they are supposed to be-no passes will be issued.**

**End of the day student release-Students must remain in classes until the bell rings at 2:02.**

### **Cafe Expectations**

It will be open from 9:15-10:30. Teachers must send students to the Cafe with a pass.

**Academic reasons to send students during classes:** The pass has to come from the teacher who is requesting to see the student.

**Senior Lounge:** Areas will remain the same-Food Court, F2 landing, and B2 lounge area.

**No off-floor passes issued during Period 3. No passes will be issued other than bathroom or copier on floor passes.**

These will be the only exceptions: supervised lunch bunch, pre-scheduled academic passes.

## **ATTENDANCE POLICY**

### **PURPOSE**

Compulsory education is essential to the preservation of the rights and liberties of the people and continued prosperity of our society and our nation. Maintaining regular student attendance is necessary to achieve the goal of an educated citizenry. (M.R.S.A. title 20A section 5001A)

The RSD #9 Board of Directors has approved a policy establishing attendance requirements at Mt. Blue High School.

Any student who accumulates ten (10) or more unexcused absences in a class in one semester may not receive credit for that class. (Students may receive a

numerical grade if they complete the course.) The Principal will be responsible for the final decision regarding loss of credit.

## **ABSENCES**

**Excused:** All absences for personal illness, an appointment with a health professional that must be made during the regular school day, observance of a recognized religious holiday when the observance is required during the regular school day, family emergency or a planned absence for a personal or educational purpose which has been pre-approved are considered to be excused absences. These absences must be documented by a parent or guardian phone call the day of the absence OR by a note from a parent/guardian OR a doctor's note **THE FIRST DAY THE STUDENT RETURNS TO SCHOOL.**

**Unexcused:** Unexcused absences include being absent from school for reasons other than mentioned previously or any absence not excused by a parent/guardian note **WITHIN 48 HOURS OF THE ABSENCE.**

## **Truancy Definitions --**

- **A student has completed grade 6 and has the equivalent of 10 FULL DAYS of unexcused absences or 7 CONSECUTIVE school days of unexcused absences during a school year.**

## **TARDIES**

1. Students will be held accountable for being unexcused tardy to school and to class. Consequences for multiple tardies will be office and teacher directed.
2. A student is considered absent if he/she misses more than 15 minutes of the class without appropriate documentation.
3. Students who are excessively absent or tardy may be required to provide a doctor's note.
4. Excused tardy includes being late to school due to a medical appointment, orthodontist appointment, legal appointment, or family emergency (excuse office administration).

### **Tardy To Class Procedure and Protocol *Mt. Blue Campus***

It is the intent of this procedure/protocol that the classroom teacher will initially handle issues regarding students being tardy to class until the behavior becomes chronic or in the event that student refuses to serve teacher detentions.

**All students arriving to school late/tardy will be tracked by the office with an appropriate response.**

The following steps will be followed regarding students being tardy to class:

1. Teachers will keep track of the number of times a student is tardy to class.
2. **On the fourth** (per quarter) unexcused tardy to class, the teacher will issue a teacher detention that will not exceed 3:00 PM (or a 20 minute period before school begins). Contact made with home is recommended at this point.
3. Teacher detentions will be issued for every tardy thereafter (Teacher detentions for tardies 4, 5, and 6. On the seventh tardy they will be issued an office detention).
4. Teachers will call home if a student fails or refuses to stay for the teacher detention and arrange for the student to stay on another date.
5. If the student still fails or refuses to stay for the teacher detention, an office detention will be issued (following a call home to the parent by the teacher).
6. Students who are chronically tardy (more than 6 per class) to class may be issued additional office detentions or suspension.
7. Students who do not have rides home after they serve teacher or office detentions will be expected to attend the After School Library Program until their ride arrives or until the late shuttle bus departs.
8. Teachers will issue excused passes to students who are going to be tardy to their next class if that student has been meeting with that teacher after the bell sounds.
9. Students who report to class without excused passes from a teacher or the office will be considered unexcused tardy to class.
10. Teachers will be expected to enter excused or unexcused tardy in PowerSchool for all tardies to class. The main office will log all tardies to school.
11. **Please fill out a SWIS form for all students unexcused tardy to class.**
12. The number of tardies will reset at the start of each quarter.

## **ADMINISTRATIVE RELEASE CONTRACT**

In the event of a student needing special release arrangements from school time an Administrative Release Contract may be required. The details of this arrangement are available through our guidance office.

## **NOTIFICATION PROCEDURE**

Parents and students will be notified of attendance problems at the following intervals:

1. 6 unexcused absences – warning letter sent
2. 10 unexcused absences – notification of possible loss of credit

Early Dismissals- Early dismissals will be allowed for a professional appointment provided evidence (such as an appointment card) is presented prior to leaving and/or parent permission. In case of illness, parents or an approved adult must be notified by office personnel before students will be allowed to leave.

Tardy – Tardiness is defined as an unexcused arrival of a student later than the scheduled time that class begins. When a student is late for school, he or she is to report directly to the main office to sign in.

Green Slips – Parents may request permission for excused absences in advance by submitting the request in writing to the high school office. Any request must

be approved by the administration. Students may obtain green slips in the main office and submit completed forms two weeks in advance.

Truancy – Any student is determined to be a habitual truant if he or she is absent from school for other than excusable absences the equivalent of ten full days or for one half of a day for seven consecutive school days within any six-month period. (M.R.S.A. Title 20-A Sec 5050)

Board policy stipulates that any student absent for ten days shall have his or her attendance reviewed and on the fifteenth day of non-attendance, the student may be suspended. Further absence may result in action by the Board of Directors.

Exchange Trips – RSD #9 is especially proud of the various opportunities it affords students to participate in educational exchanges with partner schools in foreign countries. The Foreign Language Department currently sponsors group exchanges. It is undeniable that students experience tremendous personal and academic growth resulting from participation in such exchanges. However, students who are selected for such exchanges must be fully aware of their responsibility for making up schoolwork missed as a result of absences from regular classes.

Students involved in the group exchange program will be expected to sign a contract.

Blue Slips: Blue slips are for any school-organized trip. If a student is failing any course affected by the field trip, he/she will not be allowed to attend and will be assigned to a study hall in place of the class going on the outing. Teachers will allow alternative assignment if needed.

Early Release for Athletics / Co-Curricular- Students leaving school early for any event must demonstrate that he /she is passing classes affected by the dismissal in order to go. Coaches or advisors will make a form available.

## **COLLEGE AND JOB INTERVIEWS (Absent from school)**

Requested release time should be kept to a minimum and when possible, interviews should be held after school or during school vacation.

When necessary, students will be permitted to have release time from school for the following general reasons:

- post-secondary interviews and visits pertaining to further schooling;
- interviews necessary for employment;
- military testing, physical examination or related processing;
- any other situations not included in the foregoing which are regarded as essential by the school administration.

Students who need release time must:

Pick up a blue slip from the main office prior to the requested release time, get signatures and return signed form to the main office.

### **BUS POLICY**

1. All items carried onto buses by students remain the responsibility of the students and are not covered by the RSD #9 insurance policy.
2. The code of conduct and rules and regulations that pertain to student behavior on school buses are covered in the RSD #9 Transportation Policy.
3. Please be advised that there is a district transportation policy that relates to video cameras on transportation vehicles. It can be found on the RSD #9 website.

### **DETENTION (office) GUIDELINES**

1. Detention must be served on the date written on the “discipline report” form.
2. If no date is specified, assume that the detention is for the next scheduled detention day. Detention is held on Tuesday, Wednesday, and Thursday of each week from 2:00 – 3:00 p.m. (location is announced weekly).
3. If students are absent on their assigned detention day, they should plan on making up that detention on the next regularly scheduled detention day.
4. If students are in school and miss detention for any reason, they are assigned two detentions and parents will be notified.
5. If a student misses either of these two detentions, the student will be suspended for one day. The student will still have to serve the two detentions upon his/her return to school.
6. The detention room # will be announced daily.
7. During detention, students must have homework or other appropriate reading materials. There will be no sleeping, eating, drinking, conversation, note passing or electronics use allowed in detention.
8. Only the Principal and Assistant Principals may excuse or reschedule a student’s office detention.
9. Individual “teacher detentions” are given at the discretion of that teacher.

### **EXTENDED DAY PROGRAM (EDP) AND EXTENDED YEAR PROGRAM (EYP)**



**Extended Day Program:** Mt. Blue High School offers an Extended Day Program (EDP) (Tuesday and Thursday 2:30-4:30 p.m.). Additional days may be added during the school year to include Monday and/or Wednesday. Upon the completion of the EDP all students are expected to be picked up or report directly to the Library until the 5:00 pm shuttle bus arrives.

**Extended Year Program:** Extended Year Program (EYP) is for students needing additional time to meet class or common assessment requirements in the core subject areas. There will be a minimum grade requirement in order to qualify for EYP.

### **GENERAL SCHOOL ASSEMBLY**

There are a number of times during the year when it is necessary to call an assembly that includes the entire student body. Assemblies will be held in the gym and have priority over all activities and programs. All students and teachers are expected to attend. Students not exhibiting proper behavior will be told to leave and remain in a designated room monitored by an assigned teacher.

### **LEARNING LAB GUIDELINES**

1. Attendance will be taken at the start of each learning lab.
2. Students should enter learning lab before the bell rings. Students who are unexcused tardy to learning lab three (3) times will be issued office detention.
3. Learning labs shall be quiet places to study with no talking. Students **MUST** bring schoolwork with them to each learning lab.
4. Learning lab seats will be assigned by the monitor at the beginning of each semester and a seating chart will be used daily. Student seating may **ONLY** be changed by the teacher.
5. Students **MUST** remain in the learning lab classroom at all times. Sitting outside the room in the hallways, lobby or on the portable ramps is not permitted.
6. Passes **MUST** be obtained and signed before the bell rings. Students will **NOT** be allowed to leave learning labs to obtain passes. Passes to the gym, library, and guidance room and/or to see a teacher will be allowed providing a pass has been obtained in advance.
7. Students will **NOT** be permitted to sleep during learning labs.
8. The following are **NOT** permitted in study halls: card games, board games, hand held games, cell phones, music players of any type, computer games and any other electrical devices.

### **INDIVIDUAL EDUCATION PROGRAM**

Students having academic difficulties caused by handicapping conditions such as vision, audition, speech and language, specific learning functions, physical/medical, behavioral, mental development or any combination of these are entitled to assistance through RSD #9 Special Services program. In order to obtain such services a request must be made through the building principal to conduct a Pupil Evaluation Team meeting. This referral (request) may be initiated by classroom teachers, parents, guidance counselor, student or any person involved with the student professionally.

The I.E.P. meeting will be held with teachers, parents, building administrators, guidance person, and Director of Special Services to determine needs, appropriateness of referral and to make plans for assistance if such is recommended.

This is a very brief summation of this process. If you wish further information, please contact the Director of Special Services (778-9517)

### **SCHOOL FUNCTIONS CONDUCT**

1. All school dances end at or before 11:00 p.m., except by special permission of the Principal.
2. All students must arrive within the first hour of the dance, except by special permission of the Principal/ Assistant Principal.
3. School social functions are open to Mt. Blue High School students. However, a guest accompanied by a student of Mt. Blue is welcome. All students (guest) must complete a dance guest request form by the date specified prior to each dance.
4. When a student brings a guest, he/she is responsible for the guest and should remain with that guest.
5. Any student who becomes a behavior problem may be asked to leave at the discretion of the chaperone and parent will be notified.
6. Once a student leaves a social function, he/she must leave the school grounds and the general school area. Students are not permitted to be in parked automobiles at any time on school property.

### **SENIOR DISMISSAL**

Senior Dismissal is based on the idea that seniors are ready to accept more responsibility for meeting their attendance and work assignments with less direct supervision. By accepting the guidelines of Senior Dismissal, seniors agree to demonstrate the highest standards of individual responsible behavior. This program entitles participating senior students to leave school property during the time that they are scheduled for a learning lab. This program is a privilege not a right and can be terminated for violations of protocols and eligibility rules and regulations.

**Eligibility** Students and parents must agree to abide by the regulations and obtain a permission signature. Parents may request that the school revoke dismissal at any time. Students must be enrolled in at least six credits at Mt. Blue High School.

**Expectations & Consequences of Senior Dismissal** When using dismissal, students must report directly to the Main Office upon arrival, and must leave the building or grounds immediately after signing out.

1. Any violation of the rules for senior dismissal may result in loss of dismissal.
2. There will be a sign-out/sign-in sheet located in the Main Office. Students must personally sign out when leaving school premises. Students must personally sign-in upon arrival at or returning to school grounds.
3. Loitering in the halls, vehicles, parking lot, or other areas of the school is prohibited.
4. If you choose to not use your dismissal at any time, you may report to the Food Court or senior lounge areas.
5. Any student charged by the police with a violation while exercising the dismissal may lose the dismissal.
6. Students using senior dismissal may not transport a student who does not have dismissal, nor any underclassmen.
7. To remain eligible, the student must maintain a full academic schedule (minimum 6 credits).
8. Any student who drops a class after the designated add/drop period in order to add a learning lab may have dismissal revoked immediately.
9. Any student who is deemed in danger of failing a course may have their dismissal immediately revoked and be assigned to a learning lab for academic intervention. Seniors who fail a course or courses at the end of a ranking period will have dismissal revoked.
10. Any student who does not meet behavioral standards may have dismissal revoked immediately.
11. Excessive tardies to assigned classes/learning labs or other scheduled activities may result in dismissal being revoked immediately.
12. Unexcused absence from any assigned class/learning lab or other scheduled activity may result in dismissal being revoked.
13. If a student does anything that reflects negatively on the school, he/she may lose dismissal.
14. Senior dismissal may be used at lunch only if the student has third period off or third lunch and fourth period off. (Senior dismissal may not be exercised for lunch that occurs during a period when the student also has a scheduled class).
15. Seniors who have had dismissal revoked MUST attend ASB (Academic Support Block) and learning labs.
16. If a student wishes to have his/her dismissal reinstated, he/she must appeal to the administration.

## **PARENT CONFERENCES**

Parents should feel free to contact teachers during regular school hours to make conference arrangements. If the teacher is unavailable, contact the School Counseling office at 778-3561.

### **HEALTH SCREENING:**

Each year our district school nurses perform state mandated health screens. For any reason you do NOT want your child to be screened, please contact your school nurse. Students will be screened as follows:

PRE-K:	DISTANCE VISION AND HEARING, HEIGHT AND WEIGHT
K:	DISTANCE VISION AND HEARING.
1st:	DISTANCE, NEAR AND MUSCLE BALANCE-VISION AND HEARING
3rd	DISTANCE, NEAR AND MUSCLE BALANCE-VISION AND HEARING
5th	DISTANCE VISION AND HEARING.
7th	DISTANCE VISION
9th	DISTANCE VISION

### **PHYSICAL EDUCATION (exclusion & exemptions)**

*([PE Policy JHD](#))*

Students meeting the graduation requirements of Mt. Blue High School must complete three (3) semesters in Physical Education. Successful completion of either three (3) semester or one and one half credits towards graduation will be awarded will meet their graduation requirements. Should a student select additional Physical Education classes, they shall do so on a non-credit basis.

Students may request a waiver from Physical Education. Refer to [Policy JHD](#).

#### **Temporary Waiver**

A written waiver by a physician will be the customary method of excusing students from physical education classes.

There will be occasions when a student will be waived from strenuous activities on a temporary basis. A student's parent/guardian may request the student be excused from physical education class. The request must be in writing and state the reason. A parent/guardian conference with the teacher and principal may be required.

Students in grades 9-12 with temporary waivers will be expected to make up class time.

## **ACTIVITIES/PROGRAMS OFFERED AT MT. BLUE HIGH SCHOOL**

All-State Music Festival  
Chick Lit. Club  
Civil Rights Team  
Creative Writing Club  
Curtain Raisers  
Destination Imitation (DI)  
Dirigo Boys and Girls State  
FBLA (Future Business Leaders of America)  
Franklin County Fiddlers  
HOSA (Health Occupation Students of America)  
International Club  
Jazz Band  
Journalism Club  
Kennebec Valley Business Education League  
KVMEA (Kennebec Valley Music)  
Math Club  
Mt. Blue Chamber Singers  
Mt. Blue Theatre Company  
National Honor Society  
Student Council  
Yearbook

### **FBLA**

FBLA (Future Business Leaders of America) is the national organization for all high school students participating in business and office programs. It can function as an integral part of the instructional program of the business and office in secondary schools. The purpose of the organization is to provide additional opportunities for secondary students (grades 9-12) in business and office.

### **NATIONAL HONOR SOCIETY**

The National Honor Society is composed of the elected Juniors and Seniors who have met, according to faculty recommendation, certain scholastic, leadership, service, and character criteria. Election into this group is a notable honor. In order for students to be eligible for nomination to National Honor Society, that student must have an 88 or higher grade point average.

### **NATIONAL HONOR SOCIETY MEMBERSHIP SELECTION PROCEDURES**

Students who meet the scholastic eligibility are notified in writing and must complete the Student Information Form by the given due date.

The NHS Faculty Advisor(s) and the Faculty Council (5 members annually chosen by the principal) will assess each candidate regarding character, leadership and service, decide

on membership and notify all scholastically eligible students in writing of its decision. The Faculty Council may request a personal interview with each eligible student.

Acceptance into the NHS is both an honor and a responsibility. Selected students are expected to continue to demonstrate the qualities of scholarship, service, leadership and character. Students, who decide to resign, or are dismissed from NHS, will never again be eligible for membership or its benefits.

### **NHS SELECTION CRITERIA**

#### **LEADERSHIP:**

- Demonstrates leadership in classrooms and organizations.
- Successfully holds school offices or positions of responsibility.
- Exemplifies positive attitudes and inspires positive behavior in others.

#### **SERVICE:**

- Renders service to the school and community.
- Shows courtesy by assisting teachers, students, and visitors.
- Participates in extracurricular activities.

#### **CHARACTER:**

- Meets responsibilities promptly and effectively.
- Demonstrates high standards of honesty and reliability.
- Demonstrates concern for others.

### **STUDENT COUNCIL**

The Student Council is your student government. It is composed of students from the four grade levels who are elected by majority vote. This group is actively involved in sponsoring fun-filled activities such as dances and special assemblies. They are also very interested in improving the quality of communication between all groups at the high school. Non-members can help this student group by getting to know their class representatives and letting these students know of their ideas and concerns.

### **KVAC SPONSORED ACTIVITIES:**

Baseball	Golf	Lacrosse, Boys & Girls
Basketball, Boys & Girls	Skiing, Boys & Girls	Boys Tennis
Cheerleading	Softball	Girls Tennis
Cross Country, Boys & Girls	Soccer, Boys & Girls	Football
Field Hockey	Track, Boys & Girls	Wrestling

## **Extra-Curricular and Co-Curricular Activities Code of Conduct ([Policy JJJ-R](#))**

Mt. Blue Regional School District's goal is for all of our students to be able to compete and participate in any group, club, or sport. We hold our students to both high academic and code of conduct standards as they are representing our school district wherever they may go. Sports and activities are a privilege for our students and the following summarizes our expectations.

1. Parental/guardian consent is required for participation. We believe that in order for our students to be successful, we want to have a strong partnership and support from our parents/guardians.
2. Academically, we require our students to be passing their classes. There are many supports built in that will help students who may need additional time and resources.
3. In order for our students to be successful, we require them to be present in all of their classes.
4. Our students are also held to a high standard for drug, tobacco, and alcohol use. Student will receive consequences for possession and/or use of drugs, tobacco, and/or alcohol. The school will also offer resources to help students make more positive decisions in the future.
5. Students are expected to travel with the team, attend practices, and treat uniforms and equipment with respect.
6. As always, we have a high code of conduct for behavior and expect our students to act with respect towards others, refraining from all forms of bullying and hazing while participating in any group, club, or sport.

### **Extra-Curricular and Co-Curricular Activities Code of Conduct for Middle and High School Students**

Since participation in extra and co-curricular activities is a privilege, it is important that students, parents/guardians and other interested persons are aware of the following rules and regulations. As representatives of the schools, students are expected to exhibit appropriate behavior at all times. These rules are adopted by the School Board in order to support the social, emotional and physical well-being of students and promote healthy, enriching and safe extra and co-curricular opportunities for all students.

The following rules shall govern student participation in extra-curricular and co-curricular activities. The list of extra and co-curricular activities will be updated annually by the principals and made available on request. Participation is defined as beginning with the first day of participation in any meeting, practice, contest or performance and ending at the conclusion of the activity or school year (whichever comes later).

General Expectations:

1. Students in good standing may participate in the extra and co-curricular activities of their school. A student is considered in good standing if he/she is not the subject of any disciplinary action for violation of any policy or school rule and is currently academically eligible based on MPA guidelines and this policy.

2. All participants are expected to come to school ready to learn on all scheduled school days. Regular school attendance is required of all participants.
3. Students suspended from school (including in-school and out-of-school suspension) will not practice, participate, attend or compete in extra and co-curricular activities during the days of suspension.
4. Students are required to abide by all Board policies, school rules and any additional rules, and/or training guidelines imposed by coaches or advisors. Any additional rules and/or training guidelines must be consistent with Board policies and be approved by the Extra/Co-Curricular Administrator in advance of the season/activity.
5. Student use of tobacco, alcohol and drugs is illegal and negatively affects student health, safety and performance. Students participating in extra and co-curricular activities carry a responsibility to themselves, their fellow students, coaches/advisors, parents/guardian and school to set the highest possible example of conduct, sportsmanship and training, which includes avoiding any involvement with tobacco, alcohol and drugs. Therefore, students participating in extra and co-curricular activities may not engage in the prohibited behaviors and activities described in [Policy JICH-R](#) at any time or place from the beginning of the student's first extra or co-curricular activity of the school year through the last extra or co-curricular activity of the school year. Any team, club, or group suspensions imposed that cannot be completed in the current year shall be carried forth to the next school year.
6. Students and their parents/guardians are required to sign the Extra/Co-Curricular Contract, as well as all other required paperwork, as a condition of participating in extra and co-curricular activities. Students participating in fall extra and co-curricular activities and their parents/guardians must sign the contract, as well as all other required paperwork, at the beginning of pre-season. All other students who plan to participate in extra and co-curricular activities at any time during the school year and their parents/guardians must sign the contract, as well as all other required paperwork, prior to beginning their first activity.

## Rules and Regulations

### A. Parental/Guardian Consent/ and Permission Forms

A student may not participate in any teams, groups, or clubs until a signed parental/guardian consent/permission form has been completed and returned to the appropriate school office each school year. This form must indicate permission to participate, verification of adequate and appropriate health/accident insurance (where applicable), and agreement to abide by all Mt. Blue Regional School District's District Rules and Regulations.

### B. Academic Eligibility Rules

The Principal or his/her designee is responsible for certifying the eligibility of all students participating in extra and co-curricular activities.

### **Students Under Proficiency Based Education**

A student must take six (6) courses/credits, in order to participate in extra and co-curricular activities. Students involved in extra and co-curricular activities **MAY NOT** drop courses that they are passing after the season ends unless there are extenuating circumstances and have the principal's permission.



A student will be eligible if they maintain the following at the end of each quarter:

- A minimum cumulative course score of 2.0 in each course
- A minimum cumulative score of 2.5 for Habits of Work in each course-

A student will be ineligible if they have the following at the end of each quarter:

- Any cumulative course score is below a 2.0
- Any cumulative Habits of Work score is below a 2.5

All students must have a minimum cumulative course score of 2.5 in all courses and a minimum Habits of Work cumulative score of 2.5 in all courses at the end of the year in order to be eligible for the subsequent fall season.

The following supports are available for students:

- Teacher assistance before or after school
- Academic Support Block (MBC)/Targets Focus Lab (MBMS)
- Extended Day Program
- Extended Year Program
- Success and Innovation Center (MBC)

If a student fails to maintain eligibility status in any subject he/she will be declared ineligible to participate or compete in extra and co-curricular activities for the following quarter.

Students who are placed on academic probation will be allowed an opportunity to participate, depending on their eligibility status.

Academic Probation is defined as follows: The student will be able to practice, but unable to compete or lead such activities until each course score and Habits of Work score for the current reporting period reaches an eligible level on the bi-weekly progress report. The student will be responsible for taking the progress report sheet to his/her teachers every two weeks, to monitor his/her progress. This sheet is to be returned to the Main Office and a copy brought to the coach or advisor. If the student is eligible at the end of two weeks, he/she may return to full participation in the extra or co-curricular activity, with continuing review every two weeks. Otherwise he/she will remain eligible to practice only. This policy applies to all sports, sports managers, jazz band, drama, class officers, student council, clubs, etc. It does not include any curriculum offering where credit is granted such as performing arts classes (e.g. chorus, concert band, orchestra, library aides, etc.)

If a student receives a failing or incomplete grade, he/she shall become ineligible when official academic reports are issued. Students with incomplete scores will have two weeks to make up incompletes and will remain ineligible until work is made up and assessed.

Students may gain eligibility by attending an accredited extended year program. The student's grade shall be determined by the formula prescribed by the district's extended year regulations.

Students who lose course credit for failing to satisfy the provisions of the district's attendance policy will be considered ineligible immediately at which point they may petition to be put on probation. This probation will include the student maintaining passing scores in all courses that total six (6) or more credits, as well as have no further undocumented absences. The student will be monitored every two weeks (attendance and scores) in order to participate.

Mt. Blue School District encourages their students to monitor their eligibility throughout the whole year.

### **Students Under Traditional Grading System**

A student must take six (6) credits in order to participate in extra and co-curricular activities and maintain a cumulative grade for each course of 60 or higher. If a student fails to maintain a passing cumulative average of 60 or receives an incomplete in any subject at the end of the preceding quarter, he/she will be declared ineligible to participate in extra and co-curricular activities for the following quarter. If a student agrees to be on academic probation they will be allowed an opportunity to participate or compete.

Students involved in extra and co-curricular activities **MAY NOT** drop courses that they are passing after the season ends unless there are extenuating circumstances and have the principal's permission.

If a student fails to maintain eligibility status in any subject he/she will be declared ineligible to participate or compete in extra and co-curricular activities for the following quarter.

Students who are placed on academic probation will be allowed an opportunity to participate, if they are eligible.

Academic Probation is defined as follows: The student will be able to practice, but unable to compete or lead such activities until each course score for the current reporting period reaches an eligible level on the bi-weekly progress report. The student will be responsible for taking the progress report sheet to his/her teachers every two weeks, to monitor his/her progress. This sheet is to be returned to the Main Office and a copy brought to the coach or advisor. If the student is eligible at the end of two weeks, he/she may return to full participation in the extra or co-curricular activity, with continuing review every two weeks. Otherwise he/she will remain eligible to practice only. This policy applies to all sports, sports managers, jazz band, drama, class officers, student council, clubs, etc. It does not include any curriculum offering where credit is granted such as performing arts classes (e.g. chorus, concert band, orchestra, library aides, etc.)

If a student receives a failing or incomplete grade, he/she shall become ineligible when rank cards are issued. Students with incomplete grades will have two weeks to make up incompletes and will remain ineligible until work is completed and graded.

The following supports are available for students:

- Teacher assistance before or after school
- Academic Support Block (MBC)/Targets Focus Lab (MBMS)
- Extended Day Program
- Extended Year Program
- Success and Innovation Center (MBC)

Students may gain eligibility by attending an accredited extended year program. The student's grade shall be determined by the formula prescribed by the district's extended year regulations.

Students who lose course credit for failing to satisfy the provisions of the district's attendance policy will be considered ineligible immediately at which point they may petition to be put on

probation. This probation will include the student maintaining passing grades in all courses that total six (6) or more credits, as well as have no further undocumented absences. The student will be monitored every two weeks (attendance and grades) in order to participate. A student who drops a course with an F shall be immediately ineligible. Mt. Blue School District encourages their students to monitor their eligibility throughout the year.

### **Special Eligibility Conditions:**

Students suspended for contract violations or ineligible students may **NOT** try out for teams with limited rosters. This policy applies to “cut sports” and activities with limited membership, and is intended to ensure that spots on team rosters are not being reserved for currently ineligible students. This does not apply if teams are unable to fill rosters with available students who initially try out. New students moving to Mt. Blue Regional School District who have maintained passing grades in all subjects taken at their previous school will be eligible for extra and co-curricular participation as soon as they are officially registered for classes in Mt. Blue Regional School District schools.

Students failing courses during the fourth quarter may be able to establish eligibility for the opening of the following school year with the approval of the Principal. This may be accomplished by earning passing scores in an approved extended year program or other options available through the Guidance Office. Ninth grade students entering Mt. Blue High School will automatically be eligible for fall extra and co-curricular activities. Students entering the District must meet the eligibility requirements of the Maine Principals' Association and MBRSD.

Students who become academically ineligible may practice and attend meetings but may not compete, perform, during an event or contest.

### **C. Attendance**

All participants are expected to come to school ready to learn on all scheduled school days. Regular school attendance is required of all participants. In order to participate in a contest, event, or practice, students must be in attendance on the day of the activity (or the last school day preceding the activity if it is scheduled on a non-school day). Being in attendance is defined as being present and appropriately participating in all assigned classes and learning labs. For the purpose of this policy, any student who misses any portion of the school day with an unexcused absence may NOT participate in extra and co-curricular activities. Any exceptions to this requirement must be approved by a building administrator or designee. No exception will be made for illness.

### **D. Travel**

Members of teams, groups, or clubs are expected to travel as a group to and from all away events using transportation provided by the school district. Exceptions may be made for students who submit a permission slip signed by their parent/guardian to the building principal/designee and approved prior to the school event. This exception will typically only be made to approve transportation from the away event in the private vehicle of the applicant's parent/guardian.

### **E. Violations of Student Conduct Code**

Except for conduct distinguished in Sections F and G below, any student participating in an extra or co-curricular activity who violates the code of conduct established by any school or department of the Mt. Blue Regional School District will be subject to general school disciplinary measures which may include suspension from participation in the regularly scheduled events, activities, performances or contests at the discretion of the administration. Any student participating in an extra and co-curricular activity who receives disciplinary consequences for violations of school rules must complete the consequences before returning to the activity. Substantiated incidents of bullying or hazing may incur additional consequences related to extra and co-curricular activities. A student who is suspended from school is also suspended from extra and co-curricular activities during the period of the suspension. A student assigned in-school suspension is also suspended from extra and co-curricular activities during the day(s) of the suspension and until after returning to classes.

#### F. Alcohol, Tobacco and other Drugs

Students may not possess, use, be under the influence of, buy or furnish to others any substance which affects the mood or performance of oneself or others. These substances include, but are not limited to, alcoholic beverages, tobacco, use of vaporizers, vape products, marijuana, illegal drugs, prescription drugs (except as prescribed by their physician), look-alike drugs, over-the-counter drugs, or any substance purported to be any of the aforementioned. Taking medication at school or at a school-sponsored event is prohibited except under the supervision of appropriate school personnel. In addition, students participating in extra and co-curricular activities are not to "knowingly remain present" where these substances are being used contrary to the requirements of this policy. Students may not buy, possess, furnish to others, or use tobacco in any form.

Referral (Self or Concerned-Person) Procedures exist in order for students to safely seek help for themselves or others whom they suspect or know are involved with tobacco, alcohol or illegal drugs. On the first report of either type (self or concerned person) of referral, the student shall receive assistance and shall not be suspended from extra and co-curricular participation, provided there is not a current incident investigation in progress. The student shall be referred to a school sanctioned local intervention program. On the second report of either type (self or concerned-person) of referral, the student and his/her parent/guardian must participate in a meeting with an administrator or designee prior to returning to the activity and must participate in an individual counseling opportunity. Discipline procedures shall be followed as listed below.

#### Tobacco Violations

First violation: No participation in extra and co-curricular activities for 7 calendar days. The student and his/her parent/guardian must participate in a meeting with an administrator or designee prior to returning to the activity, and the student will complete the school sanctioned intervention program at the next available session.

Second violation: No participation in extra and co-curricular activities for 14 calendar days. The student and his/her parent/guardian must participate in a meeting with an administrator or designee prior to returning to the activity and the student must provide evidence of participation in a school approved support plan.

Repeat violations: No participation in extra and co-curricular activities for 30 calendar days. The student and his/her parent/guardian must participate in a meeting with an administrator or designee prior to returning to the activity and the student must provide evidence of participation in a school approved support plan.

## Drug and Alcohol Violations

First violation: No participation in extra and co-curricular activities for 14 calendar days. The student and his/her parent/guardian must participate in a meeting with an administrator or designee prior to returning to the activity, and the student will complete the school sanctioned intervention program at the next earliest session.

Second violation: No participation in extra and co-curricular activities for 30 calendar days. The student and his/her parent/guardian must participate in a meeting with an administrator or designee prior to returning to the activity and the student must provide evidence of participation in a school approved support plan.

Repeat violations: No participation in extra and co-curricular activities for 60 calendar days. The student and his/her parent/guardian must participate in a meeting with an administrator or designee prior to returning to the activity and the student must provide evidence of participation in a school approved support plan.

G. Students are expected to conduct themselves so as not to discredit themselves, their team, club, or group, their coach or advisor, or their school. If a student is charged with a crime that occurred during the school year, he or she may be suspended from participation in extra and co-curricular activities, as defined in paragraph 2 on page 1, until the case is adjudicated based on the determination of the superintendent in consultation with the building principal or designee. A student who is convicted of a crime shall be suspended from participation in activities for a period of time to be determined by the superintendent in consultation with the building principal or designee based upon the facts of the particular case.

## H. School Uniforms and Equipment

Students will be responsible for all uniforms and equipment issued to them by the school. The cost of replacing damaged or lost uniforms/equipment will be the responsibility of the student and parent/guardian. A student will not be issued uniforms/equipment for a new activity until all uniforms/equipment from a previous activity have been returned or paid for.

## I. Practices

All participants in performance and competitive activities are expected to attend scheduled practice sessions, performances, and contests as specified or required by the advisor or coach involved. If a parent/guardian does not want his/her student traveling in adverse travel conditions, the parent/guardian shall notify the coach or advisor prior to the scheduled practice, contest, or performance.

## J. Injuries/Illnesses Requiring Medical Attention

Participants in extra and co-curricular activities must report all injuries and illnesses requiring medical attention to the Health Office and Athletic Trainer. Written clearance from the student's physician to return to extra and co-curricular participation must be submitted to the Health Office and Athletic Trainer before the student will be allowed to practice, participate, or compete again.

## ADDITIONAL RULES GOVERNING PARTICIPATION IN ATHLETICS

In addition to all other eligibility requirements, a student participating in athletics must meet the following MPA and District requirements:

- A. Is regularly enrolled in Mt. Blue High School or Mt. Blue Middle School (or whose parents/guardians reside in Mt. Blue Regional School District and has an approved home school plan);
- B. Is less than twenty (20) years of age;
- C. At the high school level, is actively enrolled for credit in courses totaling a minimum of six (6) credits;
- D. Refrains from participating on an outside team according to MPA rules;
- E. Has not graduated from a four-year course in a secondary school prior to the season;
- F. Has not competed under a name not verified by a birth certificate;
- G. Has not transferred to Mt. Blue Regional School District primarily to participate in athletic activities;
- H. Has provided to the Health Office a record of a physical examination by a licensed physician given within the two previous years;
- I. Has provided an annual Interval History Questionnaire (IHQ) to the Health office if appropriate;
- J. Has been cleared by the Health Office to participate based on an evaluation of the IHQ, physical exam record, and clearance records of any injuries/illnesses.
- K. Has submitted to the coach or advisor a signed (by the student and his/her legal guardian) agreement that he/she will abide by the rules and regulations of the Mt. Blue Regional School District, Mt. Blue High School, Mt. Blue Middle School, and/or the Mt. Blue Athletic Department and the team/activity; and
- L. Has adequate health/accident insurance, if appropriate.
- M. Has followed the MBRSD concussion protocol.
- N. Does not violate the district's hazing policy.

#### ATHLETIC TEAM MEMBERSHIP

A student may participate in only one sport at any one time per season. An athlete may not drop one sport and try out for another sport during a season without permission of the Athletic Director and the coaches involved.

Students wishing to participate on school teams must try out during the period designated for that purpose, and may not join a team after the tryout period without the approval of the Head Coach and Athletic Director following consideration of any extenuating circumstances.

## **FAN BEHAVIOR – ATTITUDES:**

### Recommendations:

1. Uniformed police should be engaged for all games; discretion should be used. Special attention should be given to policing of the following areas: lobby, main entrance, parking lots and other sections where people gather in large numbers. Special attention by local police should be given to buses prior to departure as they leave town.
2. Supervision should be provided by the hometown.
3. In tense situations it is recommended that coaches and cheerleaders, as well as team members, display qualities of leadership that exemplify the best sportsmanship.
4. Student and/or staff representatives of the host school should be assigned to greet the visiting team and act as a liaison between coaches and school officials.

### The students and spectators should:

1. Realize that they represent the school and always conduct them in a sportsmanlike manner.
2. Respect the decisions of the officials.
3. Insist that visiting teams and spectators receive the utmost courtesy while in town and on school property.
4. Encourage and promote the school's support of its team but never at the expense of friendly relations.
5. Inappropriate behavior at games may result in that individual being removed from the game site and being barred from future contests both home and away.
6. Use and/or possession of alcoholic beverages are prohibited on school property and at all other athletic activities.

## **PROCEDURAL GUIDELINES FOR PARENTAL CONCERNS:**

Parents who have specific concerns regarding coaches, team procedures and other information pertaining to a specific sport should adhere to the following chain of command when attempting to resolve the problem:

1. Arrange for a mutual time to meet with the coach to discuss the problem.
2. Contact the Athletic Director to discuss the problem.
3. Contact the school Principal to discuss the problem.
4. Contact the Superintendent of Schools to discuss the problem.
5. Schedule a time to address the School Board regarding the problem.

## **INJURY PROCEDURE:**

- a. All coaches will be encouraged to complete a course in first aid and emergency procedure.
- b. All coaches will be encouraged to complete a training seminar in athletic training and to update that training when necessary.
- c. Coaches will file appropriate accident reports with the building Principal and report all injuries to the Athletic Director.

- d. The coach is responsible for accompanying the injured athlete to the hospital when the parent is not available.
- e. If necessary, play shall be suspended if a team has only one coach and that coach must go to the hospital with an injured athlete. The remaining team members will be left in the care of the RSD #9 bus drivers on away trips or the opposing school officials.
- f. RSD #9 coaches shall not attempt to render aid, which exceeds their expertise. When there is doubt regarding an athlete's condition, a coach should seek a medical diagnosis from a qualified person.

**RSD #9 does not provide health insurance for students.** Low cost insurance can be purchased through RSD #9 at the family's expense. **All athletes must be insured** to participate on a Mt. Blue team.

**CO-CURRICULAR POLICY (STUDENTS):**

It is the belief of the Board of RSD #9 that it is an honor and a privilege to participate on/in any athletic team or co-curricular activity as a member or a manager. All members of a team/co-curricular are representatives of not only their team or activity but of their school as well. As such a representative, each is on display more than other school members, therefore, more is expected of them. In view of these facts, the following regulations have been established for ALL team members and co-curricular participants.

- 1. All trips shall be made in RSD #9 vehicles only. If prior arrangements have been made, players may return home with their parents (see transportation policy section in handbook).
- 2. Attendance at every practice and game is mandatory unless excused by the coach.
- 3. A student who is suspended from a team is ineligible for other teams during the current session. (Fall/Winter/Spring)
- 4. Students who are absent on the day of practice or game will be allowed to participate ONLY with permission from the school administration.
- 5. Students who report to school **AFTER** first period will **NOT** be allowed to practice/participate in games or activities on that day. Exceptions will be made for medical appointments and other SPECIAL situations.
- 6. All team members making away trips will be appropriately dressed. Appropriate dress is to be defined by the coach.
- 7. An accumulated average of 60 must be maintained in ALL subjects in order to be eligible. (see eligibility section in handbook)
- 8. Regulations will be established by the coaching staffs of the individual teams regarding such matters as pre-game activities, diet, weight training, etc.
- 9. Violations of any of these regulations may result in suspension from the team. (see section on "suspension of students from athletic teams" in handbook)



10. It is the responsibility of the parent and athlete to sign and return "assumption of risk and parental approval" forms to the coach.

**Transportation (athletic and non athletic):**

All team members representing RSD #9 in interscholastic competition or attending RSD #9 sponsored events, must be transported to and from the site of the event in RSD #9 vehicles except under the following circumstances:

1. A student may return home with the student's parent or guardian if the coach has received written permission from the parent/guardian.
2. In the event of an unusual or special situation a student athlete may ride home from an away contest with parents other than his/her own parents. Written permission must be obtained and approved by the Athletic Director or principal. They shall approve only those situations where special circumstances exist or a hardship is avoided through the approval process.

It is the intent of the District to move students to and from activities on RSD #9 vehicles whenever practical.

Student who transfer into the district without a parent or legal guardian are eligible for participation upon the mutual approval of the student's former principal and the principal of Mt. Blue. The principals must certify that the move was not made for the purpose of interscholastic participation.

## MBC Bell & Lunch Schedules 2021-2022

### Schedule 1 - Days with *Academic Support Block*

Period 1	7:45am – 9:00am	
Period 2	9:05am – 10:20am	
Period 3	10:25am – 12:05pm	
1 <sup>st</sup> Lunch	10:25am – 10:45am	A, F1, Arnold, Bolduc, Hodum, M. Howatt, McMullen,
		Millette, Reid, Roberts, Wyder
2 <sup>nd</sup> Lunch	10:55am – 11:15am	B1, B2, D
3 <sup>rd</sup> Lunch	11:20am – 11:40am	E, F2, B3, L Labs, Stds Support, AA, Study Skills
4 <sup>th</sup> Lunch	11:45am – 12:05pm	FTC, PE, Nordstrom
<i>Academic Support Block</i>	12:10pm - 12:42pm	
Period 4	12:47pm – 2:02pm	

### Schedule 2 - Late Arrival Wednesdays & Delay Schedule (with *Academic Support Block*)

Period 1	8:45am - 9:49am	
Period 2	9:54am -10:58am	
Period 3	11:03am -12:35pm	
1 <sup>st</sup> Lunch	11:03am - 11:23am	A, F1, Arnold, Bolduc, Hodum, M.Howatt, McMullen, Millette, Reid,
		Roberts, Wyder
2 <sup>nd</sup> Lunch	11:27am - 11:47am	B1, B2, D
3 <sup>rd</sup> Lunch	11:51am - 12:11pm	E, F2, B3, L. Labs, Stds Support, AA, Study Skills
4 <sup>th</sup> Lunch	12:15pm - 12:35pm	FTC, PE, Nordstrom
<i>Academic Support Block</i>	12:40pm - 12:55pm	
Period 4	1:00pm - 2:02pm	

### Schedule 3 - Early Release (no *Academic Support Block*)

Period 1	7:45am – 8:37am
Period 2	8:42am – 9:34am
Period 3	9:39am – 10:31am
Period 4	10:35am –11:27am

### Schedule 4- Assembly (with *Academic Support Block*)

Period 1	7:45am – 8:53am	
Period 2	8:58am – 10:06am	
Assembly	10:11am – 10:41am	
Period 3	10:46am – 12:18pm	
1 <sup>st</sup> Lunch	10:46am – 11:06am	A, F1 Arnold, Bolduc, Hodum, M. Howatt, McMullen, Millette, Reid,
		Roberts, Wyder
2 <sup>nd</sup> Lunch	11:10am – 11:30am	B1, B2, D
3 <sup>rd</sup> Lunch	11:34am – 11:54am	E, F2, B3, L Labs, Stds Support, AA, Study Skills
4 <sup>th</sup> Lunch	11:59pm – 12:19pm	FTC, PE, Nordstrom
<i>Academic Support Block</i>	12:24pm - 12:49pm	
Period 4	12:54pm - 2:02pm	

Updated 7/13/21