

Mt. Blue High School
Fall Athletic Activities Information
2020

Guidelines for play

- Any activities (practices, workouts, intramural competitions) must follow the guideline that student-athletes **wear double-layered face coverings** and are **physically distanced by at least 3 feet**. While en route to practice, during warm-ups, or coaching conferencing masks should be worn when distancing of 6 ft. can not be maintained.

- Standard MBHS Information/Consent Sheet and proof of sports physical need to be submitted. 1 year extension for any student who has a physical on record.

- Sign up/roster list by end of week (9/25)

- Attendance logs will be kept for all activities

- Inclement weather will necessitate cancellation/rescheduling of programming for that day.

Locker Rooms/Bathrooms

- Locker rooms available for changing for practice starting at 2:05
- 5 students at a time
- Face coverings worn while changing
- All belongings are taken/none left in locker rooms.
- Change near blue "Xs" on benches
- Will be monitored by staff from hallway
- Porta-potties near concession stand, XC field, and practice football field.

Remote Students

- Students may attend activities on days that they are full remote.
- Pre-Screening tool will be used
- There will NOT be a shuttle bus and the school will not provide transportation

Off Campus Programming

- Must be within district
- All mask and distancing guidelines must be followed whether on or off campus
- Trips should be planned as soon as possible

- Teams can run on roads near campus if distancing is strictly followed and enforced

Guest Coaches/Trainers/Speakers

- All guests must conduct the self screening prior to arriving at activity and follow all safety guidelines.
- Please plan all guests with me prior to inviting them to practice

Athletic Trainer

- Heather Mitchell will be on campus from 2-4:30 (this week)
- Medical bags are available and being distributed.

Intramural Programming

MBHS Fall Team Based Competitions

- “Friday Night Under the Lights” (Winter Carnival Style) games during Fridays in October.
 - Games/activities announced on Monday
 - Each fall team sends 8 participants on Friday night
 - Points tabulated through Oct.
- Tues/Wed independent intramural programming for non-athletes

