

January 10, 2022

Dear Guidance Counselor,

Alpha One is proud to announce its 20th Annual Powering Education Scholarship, established to assist people with disabilities who wish to pursue post-secondary education.

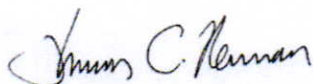
Alpha One has been promoting independent living for people with disabilities in Maine for more than 40 years. This scholarship will provide awards of \$2,000.00 each to 3 selected candidates for post-secondary school education, including both undergraduate college education as well as graduate programs.

Please feel free to share this letter and application with students you feel meet the criteria stated on the application. Completed forms should be e-mailed, faxed, or postmarked for mailing no later than April 1st, 2022. Applications are being accepted now and we encourage you to submit them early in case additional information is needed.

For additional information about Alpha One or the scholarship program, visit us online at: www.alphaonenow.org. For the application, scroll to the bottom of the home page, select "Youth" and then select "Powering Education Scholarship Application."

Please contact Mardi Way at mardi@alphaonenow.org if you have any questions. Thank you for assisting us in providing this exciting opportunity to your students.

Sincerely,



Thomas C. Newman
Executive Director



This annual scholarship was established by Alpha One Disability + Aging Solutions to assist people with disabilities who wish to pursue post-secondary education. The scholarship will provide up to \$2000 per candidate who is accepted into post-secondary school education (after high school) including undergraduate college education as well as graduate programs.

Alpha One will accept applications on a rolling basis. Decisions made by April 1.

Eligibility

To be considered for the Powering Education Scholarship, you must:

- Have a documented disability (as defined by [The World Health Organization](#)), whether that be visual, hearing, mobility, cognitive, speech or other disability.
- Be a current student or past graduate at a high school within the state of Maine.
- Have a B average or equivalent GPA.
- Have received an acceptance letter from a post-secondary institution.

Please note, scholarship recipient need not be a high school senior, but may be anyone pursuing higher education, regardless of high school graduation date.

How to Apply

To apply for the Powering Education Scholarship, email the following items to mardi@alphaonenow.org, fax to 207-799-8346, or mail to 127 Main Street, South Portland, ME 04106

- **Essay.** A 500 to 1000 word personal essay stating how your disability has helped shape your view of the world and you as a person.
- **Letter of Recommendation.** Include a letter of recommendation from a teacher, guidance administrator, coach, clergy, etc.
- **High School Transcripts.** Include an unofficial copy of your current high school transcript.
- **Complete Application Form.** Fill out the entire Application Form at the end of this page. You can type the information or print clearly.

Payment of Awards

Awards will be made upon the successful completion of the first semester of post-secondary school. To qualify as a successful semester, the student must maintain at least a 2.5 on the 4.0 scale. In order to receive payment for the first semester, transcripts must be received by Alpha One. Checks will be made out to the post-secondary school and must be endorsed by both parties. Alpha One reserves the right to review the conditions and procedures of this program and to make changes at any time, including termination.



POWERING EDUCATION SCHOLARSHIP APPLICATION

Name _____
 Address _____

 Telephone _____
 Email _____
 Parent/Guardian Name _____
 Parent/Guardian Name _____

Current School _____
 Graduation Date _____
 Disability _____
 Extracurricular Activities/Groups _____

Honors/Awards _____

Volunteer Opportunities _____

College/University you plan to attend _____
 Program/Major _____

How did you hear about us? _____

All of the above information is true and accurate to the best of my knowledge.

STUDENT SIGNATURE

DATE

PARENT SIGNATURE

DATE



Alpha One, a Center for Independent Living, is managed and governed by people with disabilities. Since its founding in 1978, Alpha One has been a pioneer in advocating, developing, and implementing system changes to overcome barriers and enable people who are aging or have a disability to live independently at home and in the community.

CARE COORDINATION SERVICES

Remaining independent and in the community is an empowering and cost-effective choice for an individual who is aging or has a disability. A critical element in achieving that independence can be utilizing personal care services to assist with various activities of daily living. This might include help with bathing or dressing as well as housekeeping or grocery shopping.

Alpha One care coordination can help an individual locate and access the services outlined in the individual's authorized Plan of Care as developed by the Assessing Services Agency (ASA). Personal care services may be accessed through two different delivery options:

- Consumer-Directed Services
- Agency Based Services

- Over 40 years of experience helping people in Maine
- A highly qualified staff, including registered nurses, occupational therapists, and social workers
- Choice and control in directing your own care
- Independence through Self-Direction
- A strong network of programs, services, and resources



Consumer-Directed Services

Consumer-directed services empower individuals to direct their own care. Alpha One Independent Living Specialists, who are highly skilled professionals, will provide consumers with the training they need to recruit, select, hire, and manage their own personal care staff.

For those who require additional assistance to self-direct, some of the MaineCare programs offer a representative model where a friend or family member can take on the responsibilities to manage caregiver staff. Both models offer flexibility in choosing and scheduling staff to meet daily needs. Alpha One will provide training in the following areas:

- Advertising & recruitment
- Interviewing and making hiring decisions
- Managing staff on a day-to-day basis
- Maintaining staff safety
- Reviewing options for fiscal intermediary (FI) services
- Assisting with a referral to the chosen FI company

Alpha One's affiliate, Attendant Services Maine (ASM), provides the fiscal intermediary services that consumers require to direct their own care. ASM's services enable individuals to easily hire and employ their own care attendants by handling all required employer and employee paperwork, time tracking, payroll, tax filings, and workers' compensation insurance.

Agency-Based Services

As an alternative to self-direction, consumers may choose agency-based services where home care staffing agencies employ, schedule, and manage personal caregiver services. Alpha One will work with the consumer and family as to preferences for agency care and work to locate licensed agency staffing.

After successful engagement of agency staffing, Alpha One will continue to provide care coordination services, and our Independent Living professionals will assist in accessing services addressing other goals you may have to live independently, such as:

- Assistive Technology
- Home Accessibility
- Community services

Contact Us

South Portland
127 Main St
South Portland, ME 04106
Tel: 207-767-2189
800-640-7200
Fax: 207-799-8346

Bangor
11 Bangor Mall Blvd, Unit A
Bangor, ME 04401
Tel: 207-941-6553
800-640-7200
Fax: 207-941-6410

Presque Isle
66 Spruce St.
Presque Isle, ME 04769
Tel: 207-764-6466
800-640-7200
Fax: 207-764-5396

www.alphaonenow.org